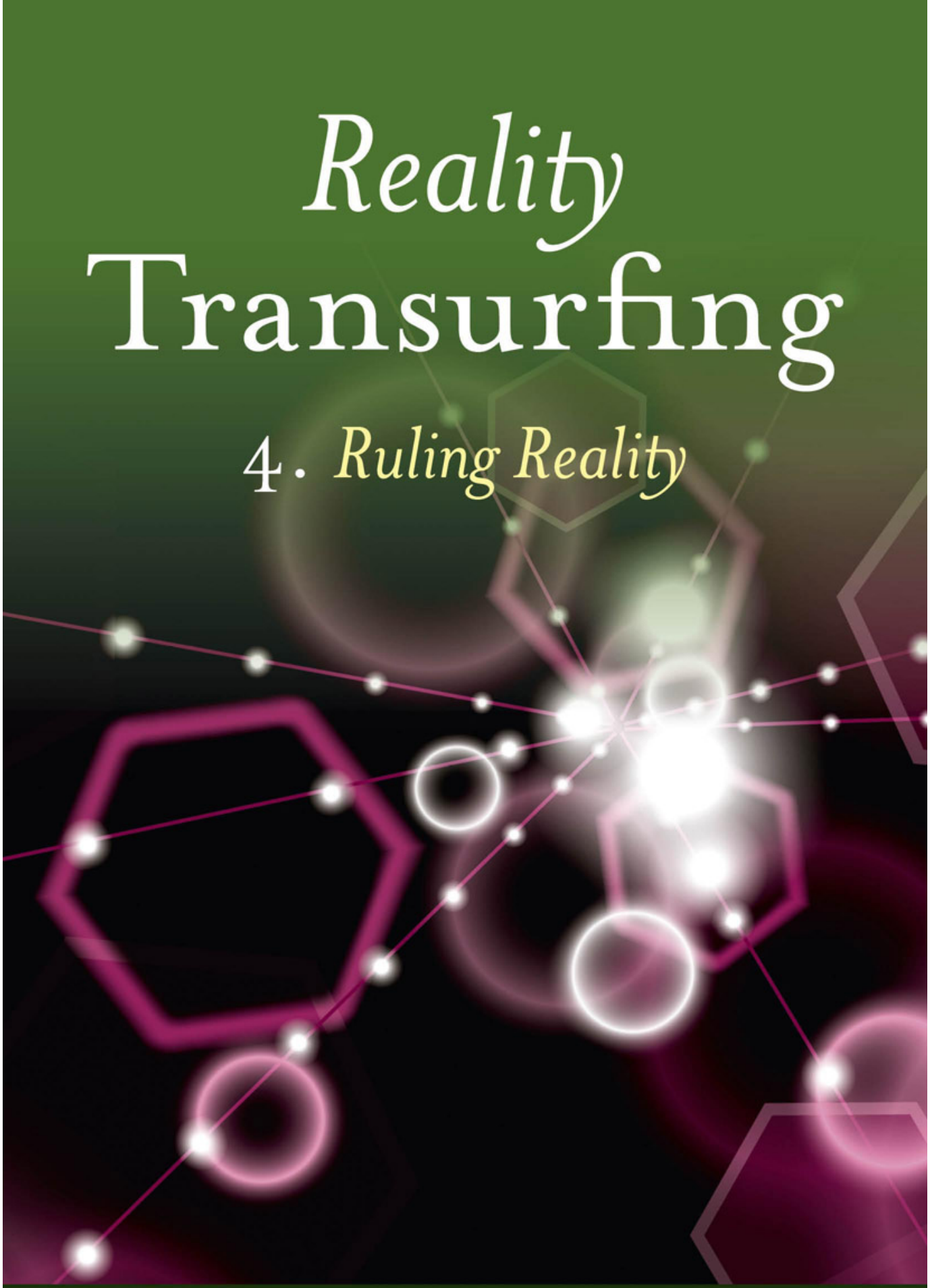
Reality Transurfing

4. *Ruling Reality*



VADIM ZELAND

Reality Transurfing

VOLUME IV
RULING REALITY

Vadim Zeland

Translated by Natasha Micharina

First published by O-Books, 2012
O-Books is an imprint of John Hunt Publishing Ltd., Laurel House, Station Approach,
Alresford, Hants, SO24 9JH, UK
office1@o-books.net
www.o-books.com

For distributor details and how to order please visit the 'Ordering' section on our website.

Text copyright: Vadim Zeland 2011

ISBN: 978 1 84694 661 5

All rights reserved. Except for brief quotations in critical articles or reviews, no part of this book may be reproduced in any manner without prior written permission from the publishers.

The rights of Vadim Zeland as author have been asserted in accordance with the Copyright, Designs and Patents Act 1988.

A CIP catalogue record for this book is available from the British Library.

First Published by Ves Publishing Group, JSC, in the Russian Federation, under the title;
«ТРАНСЕРФИНГ РЕАЛЬНОСТИ. Ступень IV: Управление реальностью»

Автор произведений: Вадим Зеланд

Design: Lee Nash

Printed in the UK by CPI Antony Rowe
Printed in the USA by Offset Paperback Mfrs, Inc

We operate a distinctive and ethical publishing philosophy in all areas of our business, from our global network of authors to production and worldwide distribution.

Reality Transurfing

VOLUME IV
RULING REALITY

Vadim Zeland

Translated by Natasha Micharina

Books in the series

Reality Transurfing 1:
The Space of Variations

Reality Transurfing 2:
A Rustle of Morning Stars

Reality Transurfing 3:
Forward to the Past

Reality Transurfing 4:
Ruling Reality

Reality Transurfing 5:
Apples Fall ot the Sky

Winchester, UK
Washington, USA

PREFACE

Dear Reader!

This is the fourth book about Transurfing – a mysterious aspect of reality, which has stirred up so many emotions within the reader community. In everyday reality, people are at the mercy of circumstances and are unable to significantly influence the course of events in their life. Life 'happens', in the same way as things happen in an unconscious dream. Events take their course, regardless of what you want and don't want. It would seem that this fatal inevitability is impossible to overcome. Yet, actually, there is a rather unexpected way out of this situation. Human beings have no idea they are being held captive by a mirror illusion.

Reality has two forms: physical, which you can touch, and metaphysical, which lies outside of perception thresholds but is just as objective. In some sense, the world is like an endless *dual mirror*. On one side of the mirror is the physical universe, while the metaphysical universe – *the space of variants* – stretches out on the reverse side of the mirror. The space of variants is an information structure, where scenarios of all possible events are stored. The number of variants is infinite, like the number of potential points on a coordinate plane. Everything is written there – everything that was, is and is going to happen. It is from this same place that we also get dreams, premonitions, intuitive knowledge and enlightenment.

Captivated by the mirror, people assume that the reflection in the mirror is the true reality. The mirror effect creates an illusion, as if the world around you exists on its own and is outside of your control. As a result, life starts to resemble a game, where you are not the one setting the rules. Of course, you are allowed to make some attempts to influence what is happening around you. But you are lacking the main thing: no one ever explained to you how to go from being a chip in the game to the one throwing the dice.

This book explains why it is possible to control your reality, and what stands in the way of you doing just that. You are capable of getting rid of the reflection illusion and waking up in your mirror dream in real life.

I

DANCING WITH THE SHADOWS

My world and I are going for a walk.

The Origin of Intention

The relationship between human beings and the world around them is shaped in such a way that any novelty inevitably transforms into something ordinary. Reality is constantly changing its appearance, much like the clouds in the sky. But the speed of occurring changes is not high enough to sense the motion of material realization in the space of variants, just as the movement and transformation of clouds can only be clearly perceived in a fast-forward reproduction of frames made in slow motion.

Even the freshness of change, which brightens up our life with a brief flash, pales just as quickly. The unusual becomes ordinary; the joy you feel during festivities dissolves in the daily routine. Boring…

Here's a rhetorical question: what is boredom? It's difficult to give an intelligible answer – it would be easier to explain how to fight it. In an attempt to save themselves from the monotony of everyday life, your soul and mind invent all kinds of toys that help you have unusual experiences. A toy is a great remedy for boredom. A game is an even better one.

Various kinds of skating and riding, games like hide-and-seek or tag, and other types of fun-filled commotion are very popular. As people grow up, they come up with more and more intricate ways of entertaining themselves: from sports competitions to virtual reality. Even many types of professions are in essence nothing other than games.

In fact, why do I say 'many'? Try to name a job that *cannot* be considered a game. Notice the following: if a person is doing something, regardless of what it is, he or she is playing a game. Observing the things children occupy themselves with, grownups condescendingly say they are 'playing games'. Yet grownups play the game that they grandly call their 'job'.

Both are engaged in what they are doing, showing complete responsibility. Ask a child what he's up to, and he will answer you in all seriousness, almost anxiously: 'I'm playing!' Try to distract a grownup from his work, and he'll get upset: 'I'm busy doing something important!'

So there you have it: a game is a serious thing. What does a child do when he is not busy playing? In his time off from playing games he is usually fooling around. And what about a grownup? He is *lounging* –that is the word for it among the grownups. But people quickly grow tired of lounging; it becomes boring, and then once again they want to engage with a game.

So why do we need games, anyway? Is it only to get rid of boredom? Or let's put it another way: what is the reason for boredom – a lack of new experiences?

Actually, this question is not as trivial as it may seem. At the basis of liking games lies a need that is just as ancient as this world. What is the primary need for a living being? Survival – the self-preservation instinct? That is the well-established stereotype, but it is not the correct answer. Perhaps it is the drive to reproduce? No, once again the answer is wrong. What is it then?

The primary need is to be able, to some extent, to make decisions about your life – that is what constitutes the fundamental principle lying at the core of the behavior displayed by all creatures. Everything else, including the instinct of self-preservation and reproduction, is a product of this principle. In other words, *the goal and meaning of the life of any living being is to control its reality*.

But that is not possible when the world around you exists independently from you and behaves in a completely uncontrollable or even hostile manner. There will always be people who would love to take away your meal, chase you away from your comfy corner, or even eat you whole. It's unfair and even scary when, instead of living your life, life just happens to you and there is absolutely nothing you can do about it. That is how you develop an insistent, and sometimes unconscious, need to keep the world around you under control.

To a lot of people, such a turn of events may seem unexpected: 'How can this be? After all, it was always plainly obvious to us that the self-preservation instinct is the main driving force, but now we find out that it is just a consequence of something more fundamental?'

Yet this only seems strange at first glance. If you take a closer look, it is clear that no matter what a living being does (including surviving and

reproducing), everything comes down to its attempts to *bring the surrounding reality under its control*. That is the main motivation and primary source of any intention that underpins the activity of all beings.

Inactivity, in contrast, is about lack of control. Hence, *boredom, as such, does not exist – there is only a constant and insatiable thirst to control reality*. Somehow, anyhow, you try to bend reality to your will. Games, in this sense, act as a model of controlled reality.

Some birds, for example, like to play with pinecones. Here you have a cone – a piece of a reality that exists independently and is beyond control. But as soon as the bird makes the cone a part of its game, this piece of reality – and hence, to some extent, reality itself – becomes controllable.

Any sort of riding, skating and self-induced movement – that too is a kind of control. Reality is rushing me forward, but in the way I want it to. Every game is to a varying degree submitted to the same rule: 'Let it be the way I want it to be.' The game's scenario is more or less predetermined, and the situation is therefore predictable. There are, of course, games where it is rather difficult to maintain a leading position, but they all, in one way or another, come down to the same thing: to bend whatever is happening to your will.

Again, any kind of spectacle is, for the viewer, a game in which control over reality is being modeled. Music, books, films, shows – these are all swings for the soul and mind. The exhausting run of tense thoughts stops… and turns into a flight on the wings of an elegant melody or a captivating story. No matter what happens to the main characters of the film, it is nothing but a tamed, trained reality, and the spectator is light-heartedly enjoying the show.

Games with reality do not stop even when we are asleep. Soul and mind find pleasure in the space of dreams, where reality easily yields to the light puff of intention.

Finally, games of imagination are another acceptable method. People even invent non-existent 'realities', just so they can play at being in control. Science fiction is unusual. It is allowed to be unusual while it remains unreal. It is far removed from our lives. Meanwhile, reality is ordinary because of its proximity, and yet it is inaccessible, because it is difficult to manipulate.

In general, none of these games is organized just for the sake of fighting boredom. Everyday reality is not boring – it is ordinary, because it is *uncontrollable*. It does not easily conform to the rule: 'It will be the way I

want it to be.' And that is why people try to hide from such a reality in a game, where everything is easy and predictable.

Still, you cannot hide from the inevitable reality. Your life is determined by circumstances and your place in society. Reality develops for the most part regardless of your will. For every 'I want' there is its own 'You can't'. In response to 'Give me' you'll hear 'You won't get it'. What can you do in such circumstances?

As a rule, human beings behave unambiguously. In their attempts to get what they want, they try to influence this world straight on, by the principle 'Give it back'. Direct impact, based on direct contact, is one of the ways of controlling something. But that is not the only and certainly not the most effective method of controlling reality.

You and I are going to go another way: with our hands behind our backs we'll make the world move forward towards our desires. All subsequent discussion will be about how to accomplish this. Transurfing is a technique of reality control, without influencing it directly. Except that it is no longer in pretence, like in a game, but for real.

The Law of Bad Luck

In order to learn how to control reality, you need, at the very least, to understand the mechanism behind its creation. Everyone directly creates *their layer of the world*. But the majority of people do not understand how it happens.

Each of us strives towards having 'everything the way I want it'. We try to apply this uncomplicated principle to the world: where I make a turn, that's where I'll go; where I push harder, that's where it will yield. But for some reason the world does not want to submit. Moreover, when we do make a turn to one side, we get rushed along in an entirely different direction.

We need to stop and think: if reality behaves so strangely, then a different approach is required. Perhaps reality is subject to completely different laws? But most people do not want to stop and take a look around; they continue to stick stubbornly to their guns.

As a result of this 'creativity', a layer of the world is created where 'everything is not the way I wanted'. Instead it's quite the opposite: many things happen exactly 'the way I do not want them to'. It's some kind of strange, capricious and tough reality.

Often you get the feeling that the world is behaving as if in spite. It's as if unfortunate events are drawn to you by an inexplicable force. Your apprehensions and worst expectations come true. You are constantly pursued by the things you feel aversion to and try to avoid. Why does this happen?

In the beginner's course of Transurfing, I have already discussed why 'you get what you don't want', especially if this unwillingness is intense. If you hate or fear something with all your heart, then *external intention* will deliver it in abundance.

The energy of thoughts that came into being in the *unity of the soul and mind* materialize a potential possibility into reality. In other words, *the sector in the space of variants* that corresponds to the parameters of your thought emission becomes materialized if the feelings of the soul are in unity with the mind's thoughts.

But that is not the only thing that makes your worst expectations come true. Actually, life without problems is the norm. Everything turns out nice and smooth if you move *with the flow of variants*, without getting out of balance. Nature does not like wasting energy in vain and is not disposed towards plotting against human beings.

Unfavorable circumstances and events take place as a result of *excess potentials* introducing distortions into the surrounding energy picture, while *dependence relationships* only make matters worse.

Excess potentials occur when you attach excessive importance to certain characteristics, whereas dependence relationships develop between individuals when they start comparing and contrasting themselves to each other, and start setting up rules, such as: 'If you do this, then I'll do that.'

An excess potential on its own is not too horrible, while the distorted assessment exists irrelatively, on its own. But as soon as the artificially inflated estimate of one object is put in comparison with another object, you get polarization, which gives rise to *the wind of equilibrium forces*.

Equilibrium forces strive towards removing the polarization that has occurred, and their action is in most cases aimed against the person who created this polarization.

Here are some examples of irrelative potentials: I love you; I love me; I hate you; I'm disgusted with myself; I am good; you are bad. Such estimates are self-sufficient because they are not based on comparing and contrasting.

Now, here are examples of potentials built on dependence relationships: I love you on condition that you love me; I love myself because I am above everyone else; you are bad because I am better; I am good because you are

bad; I don't like myself because I am worse than everyone else; you disgust me because you are not like me.

The difference between the first and the second group of appraisals is very big. Appraisals based on comparison give rise to polarization. *Equilibrium forces eliminate this discontinuity by clashing opposites together*, in the same way as the opposite poles of two magnets are drawn towards each other.

This is exactly why problems push themselves into our lives so persistently and do so as if on purpose. For instance, in the case of married couples, you often see united two seemingly incompatible personas, as if each is a punishment for the other. In various work-teams there is always at least one person who will make your life miserable in one way or another. Murphy's laws, or sod's law, are of the same nature. And when it comes to spiteful neighbors, they have altogether become an integral condition of any co-habiting.

The example of annoying neighbors provides a good illustration of the polarization effect. This issue, despite its everydayness, is of most direct relevance to the field of metaphysics. The problem is that some people disturb others and stop them living their lives in peace. But why?! Why are there always 'bad' aunts and uncles everywhere, who pester 'good people'? Who knows – maybe it just turns out that people are divided into two camps? Yet, if we were to do a survey and ask people: 'Which camp do you belong to?' only a very small fraction of respondents would identify themselves as bad. Your neighbors are generally just normal folk, like you.

The tendency is created by the wind of equilibrium forces, which blows in the direction of your aversion. The direction of the wind is determined by this 'foul play' principle: *Everything you don't like will be with you*.

Somebody may disagree: 'What equilibrium forces are you talking about? These people have simply got no shame. That's all there is to it and there's nothing to philosophize about.' But I will now prove to you that it is not just an empty philosophy.

Let's say your neighbors are annoying you. Do you annoy them? Probably not. And why not? 'Well, because *they* are so-and-so – they're bad – but *we're* not like them,' you'll say. But there are no just 'bad' or 'good' people. Any judgment is relative, because it springs from comparing and contrasting.

Still, why aren't you annoying your neighbors? My answer may seem surprising to you: *you are not annoying your neighbors because they couldn't*

care less about you. ‘That’s exactly it,’ you’ll say, ‘and that is why they are bad people, because they’ve lost all shame.’

And it is with an attitude like that that you turn on polarization, just like an electromagnet, which will attract more and more neighbor-related problems. But to them it will be like water off a duck’s back, because you represent no interest to them. It doesn’t occur to your neighbors to give you comparative appraisals, that is, to get into a dependent relationship with you. And in this sense they couldn’t care less about you – *they do not attach importance to you and do not include you in the layer of their world*, and hence they do not suffer.

Neighbors do not have a polarization towards you while they are busy dealing with their own problems and not paying much attention to you. But as soon as they start attaching importance to your neighborly existence and start comparing, it immediately becomes clear that you are not like them. And if this troubles them and strike a chord in them, you will start annoying them. From being good neighbors, you will turn into bad neighbors.

And after that, even more incredible things will start happening. You will start making trouble for your neighbors in ways that it wouldn’t even occur to you would bother anybody. *You will bother your neighbors without being aware of it*. Just as they are not aware right now that they are bothering you.

When sharing a house, for example, noise pollution is problem number one. The more you dislike it, the more intensively it will pursue you, despite the fact that peace and quiet is the optimal way of existence, not only for you but for your neighbors as well. Less energy is wasted that way. Disturbance of peace is always an anomaly, which never happens without a cause. Where then does the energy come from?

The noise from your neighbors throws you off balance, and you start hating them quietly (or out loud). Your annoyance is the energy source. Dependent relationships arise, which in turn generate polarization. Intense feelings such as: ‘I hate these noisy neighbors!’ create a powerful magnet, which will attract more and more provocations.

New tenants who are prone to a noisy mode of existence will move in next to you, while old neighbors will get new equipment as if their sole purpose in life is to tick you off.

You should also be aware of the fact that your neighbors’ neighbors are also making a certain contribution, and if the general feelings towards troublemakers match, the effect will be magnified.

Of course, there is more to having ‘nice neighbors’ than this. Everything depends on what you are more prone to feeling aversion to. They might pile up garbage, suffocate you with unpleasant smells, cover the walls in the common areas of your house with graffiti, and so on. Aversion to neighbors, as a human type in general, can bring about even more substantial consequences – flooding, or even a fire.

Similarly, in any other situation, there is a particular law of bad luck. An item or a feature to which one attaches special importance attracts objects with opposite qualities.

Meanwhile, *importance*, as you already know, intensifies when you start comparing and contrasting. If there is one pole, then another must be around. Polarization creates a magnet for attracting trouble. Everything that causes aversion in you is drawn towards that magnet. Everything that annoys you pursues you. Everything that you really wouldn’t want to happen happens. And there is nothing mysterious about this – it is natural.

Polarization distorts the energy image and gives rise to the equilibrium forces. As a result, reality is not correctly reflected, as if in a distorting mirror. People do not understand that this abnormality is a result of a disturbed balance, so they try to deal with the world around them instead of eliminating polarization.

Yet all you have to do is to implement the main rule of Transurfing: *Let yourself be you, and let a different person be different*. You have to give the world free rein. *Lighten your grip*.

The more you insist on your wishes and complaints, the stronger the magnet attracting everything that is opposite. This is literally what happens: you hold the world at its throat, while it counteracts you, trying to break free.

It is pointless trying to push and insist – the situation will only get worse. Instead, *you have to make a conscious change in your attitude towards the situation, in compliance with the Transurfing rule*.

For instance, try, at least for a while, to get your neighbors out of your mind: stop judging them; pretend that they simply don’t exist. Say to yourself: ‘To heck with them!’ Simply throw them out of the layer of your world.

As soon as you manage to tear the suction cup of your *attitude* off your neighbors, polarization will disappear, and your neighbors will soon stop bothering you altogether. Moreover, if you manage to completely break up your dependence relationship, something incomprehensible might happen: these nasty people will become your best friends.

Everything Happens to Spite You

Generally, the fact that ‘Murphy’s law’ exists is rather strange, don’t you think? Why, for what reason does the world behave in this nasty way? Or it is just guesswork and prejudice? Not really; the tendency is definitely there, and there is no escaping that fact. Fortunately, the Transurfing model not only uncovers the reason behind such regularity, but also explains how to avoid it.

The Transurfing rule works without fail, freeing anyone who follows it from numerous problems of unknown origin. As soon as you let go and stop ‘holding the world at its throat’, the world immediately becomes friendly and obedient.

But if you ‘won’t let go’, you will walk around like a magnet, drawing everything of opposite nature to yourself. However, the law of bad luck is not all there is to it. As soon as opposites meet, their confrontation tends to further aggravation.

The well-known law of the *unity and struggle of opposites*, the meaning of which is in its name, has already turned into a ‘school’ of knowledge. The Volga River empties into the Caspian Sea, and the Mississippi into the Gulf of Mexico. But it is not quite so simple. Let’s ask ourselves the question: why does this law actually exist?

We have already uncovered the cause of an omnipresent unity of opposites: by bringing opposites together, equilibrium forces restore balance. Then why are opposites always in a state of continuous struggle?

You would think it should be the other way around: two opposite forces collide, extinguish each other, and calm down. But no, opposites continue to ‘anger’ each other until they ‘get into a fight’. And if you don’t pull apart the bullies, it will continue forever.

You needn’t go far to get examples. You yourself can confirm that the world gets on your nerves every now and then. Of course, the extent and the nature of impact are different for everyone. But generally it boils down to this: *if at any particular moment something is able to put you off balance, for some reason it seems to happen just to spite you*.

The following occurs. If you’re worried or anxious about something, your nerves are strained, at least partly. And then, as if somehow related to this, a certain jester appears and starts jumping and yelping so as to strain your nerves even further. As you become irritated, the jester starts jumping around even more furiously.

There are many ways of increasing annoyance. Let's say you're in a great hurry somewhere and are afraid of being late. The jester immediately claps his hands, rubs his palms together, and exclaims: 'Well, let's go!'

From that moment on, everything is working against you. People are blocking your way and strolling along, minding their own business, and you are struggling to find a way through the crowd. You need to quickly get through the door, but a queue of lazybones is literally lining up in front of you, with people barely moving their legs. The same thing happens on a highway with you and other cars. It's as if everyone has conspired against you on purpose.

Of course, you can assign some of this to perception: when you are in a hurry, it *seems* as if the whole world is slowing down around you. But there are also obvious signs: the elevator or your car breaks down, the bus is late, there is a traffic jam building up on the road – in these cases it immediately seems more like an illintentioned objectivity.

There are plenty of other examples. If you are worried about something and are tense, the people around you will start doing the very things that annoy you, and they will do them just when you would have liked to be left in peace.

Children start going completely hog-wild, even though they were very quiet just before. Someone next to you will begin champing and swallowing loudly. All types of people get under your feet and pester you with their problems. Obstacles keep bugging you everywhere you go. If you're waiting for someone impatiently, you get to wait for a long time before they arrive. If you don't want to see anybody, somebody will definitely show up. And so on.

And this outside pressure intensifies as your annoyance grows. The stronger your tension, the more the people around you bother you. But here is an interesting fact: they are not behaving like this deliberately. It doesn't even occur to them that their behavior could cause somebody grief. What then causes them to behave in such a way?

There are generally a lot of blanks in the psychology of the unconscious. As strange as it may sound, in most cases, people are driven by subconscious motives. But even that is not as amazing as the fact that *the driving force that shapes unconscious motives is not inside the human psyche, but is external to it*.

This force is represented by invisible but real energy-information entities, which are created by the thought energy of living beings, and are called 'pendulums'. A lot has been said about pendulums in the first book on

Transurfing. They always appear in places where you can get a good haul from conflict energy.

However, you shouldn't assume that these entities are able to conspire and realize conscious intention. Pendulums, like leeches, can sense polarization as an irregularity in the energy field, and try to bite into it. But that is not the most horrible thing.

The most terrible thing is that not only do they gulp down conflict energy, but they also somehow make people behave in a way that will make them generate even more conflict energy.

They do everything they can so that energy keeps overflowing. Pendulums pull people by invisible strings, and people obey, as if they were puppets. It is not yet clear exactly *how* pendulums manipulate people's motivation, but they do so quite effectively.

A person's clear consciousness is inaccessible to pendulums, but they can easily do without that – the subconscious will do just fine. As a rule, everyone is to a varying degree sleeping awake. We do many things automatically, in a relaxed manner, without being soberly aware of what is going on: 'Right now I am not asleep and I am clearly aware of what I am doing, and why I am doing it this particular way.'

The level of awareness is particularly low when we are at home or in a crowd. When we are at home, in private, the need for enhanced self-control is low, and for that reason we behave in a relaxed manner, almost dozing off. In an outside situation, but with a close circle of friends, it's the opposite – our consciousness is at its most active and is preoccupied with self-control. But at large gatherings, our actions can be both spontaneous and at the same time heavily correlated with the main impulses of the whole mob.

In order to demonstrate a pendulum at work, let's use the most straightforward example – you're walking behind a passer-by on a street and then overtake him. As soon as you decide to move to the left, in order to leave him behind, he takes a step in the same direction, as if blocking your way. You try to pass by him to the right, and again, he involuntarily moves in the same direction.

What makes the passer-by change his direction? After all, he cannot see you, and why should he care about you trying to go round him? Perhaps he can somehow feel you approaching with his back and instinctively does not want to let 'a competitor' get ahead of him? Such an explanation seems to be the most logical one, and yet that is not what's happening here. When talking about instincts in the animal world, rivalry always occurs in situations where

opposite sides stand face to face. A pendulum – that is what causes the passer-by to move to the side.

People walk without giving much thought to how to place their steps in order to move in a straight line. In this sense they are asleep, and therefore, from time to time, the line of their steps spontaneously shifts to one side or the other. Motivation, that is, the choice of direction, lies in the subconscious, which is not being controlled at the time, and hence is potentially open to a pendulum's influence.

At that moment, you approach the passer-by and make an attempt to go round him. This is, in essence, a conflict, even if a minor one. With the goal of increasing conflict energy, a pendulum forces the passer-by to unintentionally step to the side, in order to block your path and thereby aggravate the situation.

Still, a pendulum does not act deliberately, because it does not have a conscious intention. The equilibrium forces do their job just as unconsciously. Again I'd like to emphasize the fact that we're talking here about certain processes, the mechanism of which is still unclear, and not about intelligent behavior carried out by beings called 'pendulums'. We are just making note of isolated manifestations and regularities of the energy-information world.

There is no sense in arguing what kind of pendulum is operating in any given situation, where it came from, how it manages to influence us and what actually happens there, on the energy level. We won't be able to make proper sense of it all. The only thing that matters is the following main conclusion: if equilibrium forces knock opposites together, then *pendulums do everything to inflame the energy of the conflict that has arisen*. Such is *the law of the pendulum*.

Endless pendulum fights – be it family rows or armed conflicts – are all conducted in compliance with this law. If there is an opposition, subsequent events will develop towards conflict escalation, no matter what happens, including temporary and decorative reconciliation.

Where the pendulum law is at work, a rational mind has no power. That is exactly the reason why the actions of separate individuals, as well as whole countries, are very often beyond any common sense. *In conflict situations, people's motives are in the power of a pendulum*.

And that is how you get the strange effect in which your past actions appear to have happened as if in a dream: 'Where on earth was my mind? And why did I take it into my head to behave that way?' Well, because you

acted without being aware of what you were doing. Only later, when consciousness is no longer subject to external influence, can the events be adequately appraised.

Near and dear ones fight and separate because they are convinced they are incompatible. Yet there were moments of happiness when everything was just great. And then, all of a sudden, one of them changes and becomes hostile. His behavior does not, in any way, correspond to the way he was before, literally just moments ago. You recognize the picture, don't you?

Actually, it is not about anybody changing. The man behaves in a completely unacceptable way towards his partner because the pendulum forces him to.

A pendulum controls the subconscious motives of opposing individuals. And this control is aimed at increasing conflict energy. People are not conscious of the fact that they are *made* to instigate a confrontation. They can act completely irrationally and inappropriately.

This effect is particularly noticeable in inexplicably cruel crimes. Only later, in the dock, does the criminal recall his past actions with bewilderment: 'I was in a haze.' And he is not lying – that's exactly what happened. To the criminal himself it is a complete surprise; to him his deed was like a bad dream.

People sleep particularly heavily if their attention gets trapped in *a noose of capture*. In some communities – for example, in the army, a gang or a sect – a certain environment is created, with particular manners and stereotypical thinking. This 'sedates' the human mind, and the subconscious becomes wide open to the zombifying influence of a pendulum. And then things start happening that seem completely incomprehensible, if one were to look at them from the outside.

Why do people kill other people, who are just like them, with such ferocity, with the only motivation that these people worship other gods? Whom does it bother? People have a rough time in wars and die in their thousands, even hundreds of thousands, millions. Where is the self-preservation instinct? Fighting for riches and territory is more or less understandable. But how do you explain a battle for beliefs?

The idea of peace is dear to everyone. But wars continue to take place. The idea of one God is obvious, ideas of goodness, justice, equality… the list goes on and on. Everybody gets the picture; however, common sense does not work, and evil prevails. Where then does this evil come from?

So, pendulums are the universal source of evil. One need only spend a little time observing and it will become absolutely clear: regardless of what the relationship is between two opposing forces, everything moves towards increasing the conflict energy. Even if the struggle dies out, the break will only last for a short while, and the conflict will flare up with new force later on.

Of course, there are different kinds of pendulums, and they are destructive to a varying degree. Many of them are quite harmless. The Transurfing pendulum, for instance, is essential to make as many people as possible think about what is actually going on in reality.

I'm not talking about completely freeing yourself from all pendulums – I doubt that is even possible. The most important thing is not to be a puppet and to act consciously, so that you can take advantage of these structures. But how do you free yourself of their influence?

Wake up and become aware of the way a pendulum is trying to manipulate you. Understanding what is going on is already half the battle. The power of a pendulum's influence is in inverse proportion to conscious awareness. It has power over you while you're sleeping awake.

First of all, don't take part in the destructive battles of pendulums, if you personally have no need for it. When you are in a crowd, you need to get down from the scene of action into the auditorium, turn around and wake up: 'What am I doing here? Am I aware of what's going on? Why do I need this?'

The waking up from sleeping awake must be precisely articulated, as was shown above: *'Right now I am not asleep and I am clearly aware of what I am doing, why I am doing it and why I am doing it this particular way.'* If you provide yourself with such an account of the situation, everything will be fine. But if not, then in any conflict situation, even the most minuscule one, you will be a puppet.

Things are more complicated when there is something annoying you. In that case the jester will jump around while your nerves are taut. This usually means that a pendulum has caught your attention in a noose of capture. In order to free yourself from the pendulum you need to become indifferent. But that is easier said than done.

For example, your neighbors are bothering you with music you really hate. Your task is to 'come unhooked' from the pendulum by any means possible. But forcing yourself to refrain from reacting is practically

impossible. *There is no point in trying to suppress your emotions*. Instead you should direct your attention towards something else.

Try listening to your own music, but not too loud, just loud enough to deafen you to the neighbors' music. Come up with other ways of distracting yourself. If you manage to occupy your thoughts with other things, your neighbors will gradually quiet down.

The same mechanism works in other cases. If 'the jester is jumping', it means your attention has been caught in a noose of capture. You've been drawn into a pendulum's game, with the aim of increasing conflict energy. *In order to free yourself from the noose of capture, you have to switch your attention*.

Basically, everything is not as bad as it seems. Things won't happen 'in spite', if you stop sleeping awake. You may be thinking that everything mentioned so far is terrible nonsense. Of course, it is not easy to get used to the idea that certain entities are able to control you. Whether to accept this knowledge or not – that is a question of personal choice. But you don't have to believe. Observe and draw your own conclusions.

The Rule of the Pendulum

In our world, almost everywhere we go, we come across direct or indirect information to do with sexual relations. Within the Transurfing model, this topic, just like many others, is presented from an unusual perspective. Sex plays a rather significant part in people's private lives, whether they want to admit to it or not. Actually, not sex itself, but people's *attitude* to it. It doesn't matter whether a person leads an active sex life or not; occasionally there are flashes in their thoughts, which express their *attitude* to sex.

Generally speaking, there cannot be a neutral stance in this case – human nature will make itself known one way or another. Some people's attitude becomes apparent in their aversion, annoyance, mockery or rejection. The attitude of others turns into *intention*. And if their intention does not materialize or is materialized unsuccessfully, then all kinds of hang-ups spring up in their psyche, or, to put it in Transurfing terms, they form *negative slides*.

It is fair to say that to a varying extent, sex issues concern, if not everybody, then a vast majority of people. And quite a few people have sex-related hang-ups. Pendulums play a significant role here – they try to

convince you, by any means possible, that you are not perfect and that you've got problems. And you really start believing that you've got problems. You can't even imagine how many people there are out there who share this belief.

If you are thinking that there are issues in your sex life, while everyone else's sex life is fantastic, you are really mistaken. It's an illusion, craftily created by pendulums with the help of the mass media. Haven't you noticed that wherever the topic of sex is touched upon, you are shown people who are apparently doing just great?

Well, if you had a full stadium and removed everyone who had sex 'issues', then you could count on the fingers of one hand the number of people who would be left. Try imagining yourself in the center of a huge, full stadium, which has suddenly got empty, and you're looking around, trying to find the remaining 'normal people'. That's the kind of proportions we're talking about here.

Even if your friends are not exaggerating when they brag about their success, you can be sure that they too have their own problems, which they carefully hide, not only from those around them, but also from themselves.

Let's not bring up Freud. He could hardly imagine the sheer scale of 'sexomania' in our times. I'd just like you to ask yourself a question: why are there so many problems surrounding such a simple function, which has been made perfectly efficient by nature?

The answer to this question lies on a completely unexpected plane, partly related to phenomena such as 'flash-mobs'. If you do not know what these are, I'll explain.

Imagine a crowded street or square on a sunny day. Everything is going on just as usual. And then suddenly, just like that, a couple of dozen or a hundred people take out umbrellas, open them and start behaving as if it was raining. 'Normal' passers-by stand with their mouths wide open, while 'the rain people' are having a blast.

Such an impressive event is very easy to set up. A group of people, who do not even know each other, use the Internet to agree that at a specific time, in a specific place, once given a sign, they will perform an odd act.

What is actually happening during this event? As you know, when a group of people start thinking in the same direction, a pendulum is created. The flash-mob group is thinking: 'Look at us! We've got umbrellas!' Other passers-by stand with their mouths open, perplexed: 'What's gotten into

them?' The uniform thought emission of the group creates a resonance, the energy of which is in turn consumed by a pendulum.

A flash-pendulum is the most short-lived of all – it blazes up and goes out, and for that reason it does not cause anyone any harm. This harmless example shows us how longer-lived and more destructive pendulums are created and how they operate.

What does it take to make people emit energy in one direction? You need to determine mental and behavioral stereotypes – set a *rule*. It is, of course, not pendulums that create the rules, but people themselves. Pendulums are unable to materialize a conscious intention. They spring up spontaneously. But it is a conscious rule that brings them into existence. *The rule of the pendulum* is the most terrible and harmful of all the things that mankind has come up with. And this is how it goes: *'Do as I do!'*

At the end of the day, all mental and behavioral stereotypes come down to following the pendulum rule. Spend some time observing, and you'll notice that this rule has an effect more often than not. Of course, it does not always cause harm. For example, a wave of fans on a stadium gives rise to a flash-pendulum, and it too is fed by resonance energy, although nobody suffers from it.

In a concert hall, a pendulum consumes the energy of the audience at full power. This is also completely harmless, but notice how performers sometimes behave on stage. They try their best to stir up the audience by using the pendulum rule: 'Higher! Put your hands higher in the air! And now, everybody, together!' The audience obediently claps their hands, and this energy, which is tiny for one person, develops into a resonance that creates an invisible monster, suspended above the hall.

If the pendulum did not consume this energy, the performer on stage would literally fly up into the air. But the performer gets petty crumbs – everything else is snatched up by the pendulum. The monster lives as long as people obey the rule: 'Do as I do!'

And, so what? It's not like anything bad happened! True, flash-pendulums are harmless. But what has it got to do with sex? You'll never guess.

We started talking about sex, but switched to the topic of flash-mobs. So what have the two got in common? You probably think it's got something to do with energy. That's true; a flash-pendulum is created during sex and consumes the resonance energy in the process. Since ancient times, people

suspected, or perhaps even knew, about the presence of a certain entity hovering above ‘the act’.

This entity, which within the model of Transurfing we call a flash-pendulum, is usually associated, among various peoples, with emotionally tinged symbols. For example, the ‘Amusement of Satan’. Some followers of the occult are firmly convinced that energy is released during sex, attracting various representatives of the ethereal world, who immediately flock together and initiate their devilish orgy.

Regardless of what people say, you shouldn’t worry too much about it, because a flash-pendulum cannot do you harm. It simply feeds on the energy you would have wasted anyway, and that’s all. But that is not the point I am making here. The important thing that connects sex in its modern form with a pendulum is the pendulum rule: *‘Do as I do!’*

With the development of digital means of mass media, the pendulum rule has achieved undivided domination. The human psyche is constantly subject to an invisible but rather efficient processing, with the implanting of behavioral and mental stereotypes. I’m hesitant to use the word ‘zombifying’ in this case, but basically, that is where everything is headed.

The modern information and entertainment industry is based on one simple principle: watch the others, the ones who’ve become successful, and follow them, follow their example. All that these industries are trying to demonstrate to you *is the benchmark of success*. You know this perfectly well already, but perhaps you didn’t stop to think about the enormity of the impact of this propaganda, which is sometimes obvious, but which more often acts in a subtle way, creating an impact little by little.

This is particularly true for everything that is somehow related to sexual relations. In this case, the stereotypes of *how it should be* are firmly settled. All kinds of printed and video matter on the subject show relations which, we are led to believe, satisfy common standards.

Don’t think I am talking about some conspiracy or intentional propaganda. In reality, nobody has it as their goal to embed stereotypes in people’s heads. Everything happens of its own accord. The fact of the matter is that there is always doubt in our mind: am I doing the right thing? There is always a need for comparison, because success is relative. Therefore, when someone witnesses someone else’s success, he is naturally inclined to see it as a benchmark for himself.

Sexual relations, and sex in particular, mainly take place in an intimate and closed circle. Subsequently, the need to confirm that ‘we’re doing OK’

goes up. And if you do not have, or not to mention, have never had a partner, then you feverishly start looking for a benchmark. And the mass media, of course, satisfy this human need, offering all kinds of models for a wide audience.

That is how commonly accepted stereotypes are shaped – how you should do it, what kind of image you should have and all of that. For instance, he is a cool 'macho' type, she is a hot 'sexy lady'. Look at them and do as they do. And if you do not fit these standards, then there is something wrong with you.

The sheer vastness of the destructiveness of this rule is difficult to imagine. You probably think I am unduly exaggerating the importance of the problem when I say that the pendulum rule is the most terrible and harmful rule of all things invented by mankind. Not at all. I am being rather modest in my descriptions.

The number of unsuccessful couples is huge. The number of could-have-been-happy families is perhaps even greater. When it comes down to it, the main reason for breakup is sexual dissatisfaction. Everything else is either a consequence brought about by this dissatisfaction, or excuses made by people who do not want to admit to each other the nature of the real cause.

Dissatisfaction occurs as a result of two people following the pendulum rule. They know that in accordance to the standards one should do it this way and that way. The pendulum rule reads: 'Do as I do!' – and that means, *change yourself, betray yourself*. So people try to adjust to the established standards, but get emotional discomfort and dissatisfaction as a result.

The mistake made by anyone who has any kind of sexual problems is that he or she is *playing a role*. It's all very simple. You choose out of many models the one that suits you the most, and choose another one for your partner. Then you take on the role and start playing it, while pinning a projection that corresponds to your expectations onto your partner. However, interestingly, you play this role in a distanced manner, like a playing spectator, because you are constantly comparing yourself and your partner to the model to check whether you're doing everything right.

As a result, everything goes pear-shaped, because the nature of sex is such that it requires relaxation, liberation and devotion. Sex is the only case where you need to immerse yourself in the game, and do so without playing any roles. *Normal and natural sex is a game with rules established by* you *, with no looking back at how others are doing it and how it is allegedly supposed to be*.

In addition, things become very confusing when two different concepts – love and sex – become wrongly mixed up. Sometimes the pure sanctimonious use of the expression ‘let’s make love’ makes you sick. Wouldn’t it be easier to call things by their names? Sex is not love, and love is not sex. But aren’t these things compatible? They are, but once again: *love is not sex, and sex is not love*.

These things can be both combined and separated. But the pendulum rule prevents you from doing it *naturally*. I won’t be mistaken if I say that any failure in a sexual context has to do with the fact that people, while following the pendulum rule, are trying to artificially combine love and sex. As a result you get a senseless hybrid.

In truth, if you were to forget about rules and standards, it would all be very simple. Imagine a scale with a zero mark in the middle, with *affection* to the left, and *aggression* to the right. So, if the arrow shifts to the left, it is love; if to the right, it is sex. You may not like the idea, but sex, no matter how you view it, is more about aggression than it is about affection.

But many people become ashamed or afraid when they feel these ‘diabolical’ instincts come to life within them. They think it is perverted. In reality: two normal people meet and behave completely normal at first, but then they get a predatory twinkle in their eyes, and they start doing things that are completely out of line… Out of line of what?

And this is where the pendulum rule comes in. On the one hand, there are the generally accepted lines of decency, the crossing of which is not always appropriate. On the other hand, while you’re within these lines, getting pleasure from sex is impossible. But people want both. And so, in order to adjust to the standards, people start playing their roles. Afraid to awaken animal instincts, they water down sex with established rituals, which they think are necessary. This, in turn, brings about a sort of enslavement. You ought to let go of the reins, but the pendulum rule does not allow you to. And the other way round: if the arrow moves far in the direction of aggression, there is immediately a need for confirmation: ‘Do you love me?’

So, there are two playing spectators always present on stage. Just like puppets, they are hanging on the thread of control to which they have attached themselves. What are they doing? *They are trying, with all their might, to pull the arrow from one side to another and then back again*. When all they need to do is to spit upon the pendulum rule and let go of the arrow. Let it move freely, in correlation with feelings of the soul, and not ideas of the mind.

Someone may object and say that if we carry on like this we'll sink to the animal level. But in this case it is the pendulum rule at work. Who set the limits where 'humanness' ends and the animalistic level starts? It's not even about limits, but about the fact that you should set the rules for yourself, and not follow those of others. You are a person, and for that reason you've got the right to your own criteria of humanity and decency.

I hope you understand that I am writing all this for people who have problems with sex, and in particular for those who are in love. All you need to do in order to eliminate the problem is to let go of the arrow just as consciously as you consciously keep control over following the pendulum rule.

There is a group of people who do not experience any difficulties in sex. In truth, many problems disappear if you start calling things by their real names, if you do not mix different concepts together, if you are consciously aware of what you want to get, and most importantly, if you are honest in telling your partner about it. Life will immediately become easier, if you are open. You can be sure that your partner too has plenty of secret desires. At the same time, there may be situations where one partner wants something the other partner finds unacceptable. What do you do in that case?

First, you should always remember the first principle of Freiling: *Give up the intention to get, replace it with the intention to give, and you will get what you gave up*. This excellent principle works without a hitch, and sometimes you won't even understand the precise mechanism behind it.

Second, you still need to completely reject the pendulum rule and replace it with the rule of Transurfing. And the rule reads: *Let yourself be you and let a different person be different*.

As you understand, in order to get sexual satisfaction you have to feel at ease and uninhibited. You cannot feel at ease if you have excess potentials in the shape of hang-ups and complexes, for example, an inferiority complex. No matter how much you try to relax, equilibrium forces won't let you.

But the lion's share of tension arises, not so much as a consequence of excess potentials as such, but more as a result of dependent relationships. People's internal intention is most often directed at getting, and not at giving. On top of that, a projection that corresponds to the expectations associated with the given role is usually pinned on the partner. People really don't want other people to be different.

Dependent relationships, as you know, cause polarization, which summons the wind of equilibrium forces, which in the end ruins everything.

The rule of Transurfing immediately removes the polarization created by dependent relationships. Therefore, even if you cannot manage to get rid of your hang-ups, it's enough to follow the rule of Transurfing, and the tension will immediately and noticeably subside.

'Let yourself be you' means to accept yourself with all your imperfection. 'Let a different person be different' means to take off him or her the projections of your expectations. As a result, the situation where one wants something another finds unacceptable will resolve itself in the most incomprehensible way.

I repeat: all you need is *to reject the pendulum rule, replace it with the rule of Transurfing and direct your attention in accordance with the first principle of Freiling*. If you do it together with your partner, you won't have any more problems. Related discussions on the subject – why it works – we will leave to the psychologists. It just works, and that's it.

But, speaking generally, why does a pendulum need a rule? In the case of flash-pendulums it's obvious – they feed on resonance energy, so the synchronism of actions is essential to them. But what about all the other, long-lived pendulums, which do not need their adherents to act as one? What keeps them up?

First and foremost, the pendulum rule sets the norms for behavior and the way you think; that is, it sets the standards for 'what is normal'. People do not understand that they are being offered an ersatz, a surrogate of success. Someone else's success cannot serve as an example or a role model. Only those who are brave enough to break the rule and follow their own path achieve true success.

If you follow in someone else's footsteps, you are forever bound to chase the setting sun. Success standards are a mirage, but people do not know or do not wish to know that the pendulum rule keeps them in the cobweb of illusions. Illusion is often sweeter, more comfortable and comprehensible than the unknown reality. When a person comes face to face with the fact that he does not fit the established standards, he experiences emotional discomfort. He is oppressed by the fear that he is going to be defeated; he senses his inferiority and feels all alone in this hostile world.

What can such a person do? One option is rejection. He can surround himself with a wall of rejection aimed at the unattainable models of success. Or he can continue his chase after a model. By following the pendulum rule, he tries to change himself, and chases his soul into the case of conditionality.

That brings nothing but dissatisfaction, as a result of which he has to change himself once again.

And so, whenever you hark after a model, you emit the energy of dissatisfaction and disappointment. It cannot be any other way. In exactly the same way, a little donkey goes round and round after a carrot hanging on a string. That is the energy the destructive pendulums feed off, the same pendulums that offer you the models of someone else's success.

The wall of aversion, in its turn, requires at least the same amount of energy. It's quite difficult to keep a defense field around you, when everywhere you go, rules are being embedded in you, rules that you are unable to follow.

But there is a way out of this labyrinth. It involves *rejecting the pendulum rule and going your own way*. If you do this, you will experience an incredible quality, which will literally take your breath away. This quality is *inner freedom*. And there are people out there who are just like that. Take, for example, the following letter from a woman who is standing a few steps away from this freedom:

> I am almost 30 years old, and I have never had a man. Sexologists say this is a serious abnormality. But I cannot understand why. I've always believed that it doesn't say anywhere that you absolutely have to sleep with somebody before 25, and that virginity is a reason for moral execution. I am attractive, and I've had more than enough opportunities to have sex. But… I do not want to. The problem is not on a physical level – that's all fine; I just haven't met a man I would like to go to bed with.
>
> But lately, I catch myself feeling that it's weighing upon me more and more. Because everyone is indulging in carnal love and I am not. That is the way things are – but I'm not following the rule… I've never been a slave to social stereotypes, but it looks like this particular aspect of them is starting to annoy me. Sometimes I simply feel like a moral freak. However, the fact that I'm alone does not affect my self-esteem at all – I consciously do not want to engage in intimate relations without that special pull towards a person. Is my case really a deviation, a disruption of some kind?

I said ‘a few steps away’, because the fear of ‘not being like everyone else’ is nonetheless present in this woman. Still, her inner power and independence are obvious, and that is already something. And there is, of course, nothing anomalous about this case. Just don’t be afraid of being ‘not like everyone else’ – instead, enjoy it. Then again, you shouldn’t take it too far. Perhaps it would be worthwhile lowering your standards and being more easygoing.

Judging by the information that comes pouring down on us from all over the place, one might think that all people do is have sex. Actually, this is just an illusion. It is far from the case that everybody is leading ‘an active lifestyle’ in this sense – most of us don’t even have a partner! But the dread of being alone and the fear of being different from everyone else makes one believe in the illusion.

Take, for instance, Paris with its air of freedom and ease. It has earned the reputation of ‘the city of lonely hearts’. Every day, from early morning, people rush out onto the streets and mingle in the numerous cafés. Why do they do this? After all, surely you could have your coffee at home? They do it because loneliness is chasing them out of their house.

It may seem to some that pendulums are deliberately enslaving human society with their rule. Indeed, they are enslaving people, but pendulums are not the ones to set the rule. *They exist because of it!* The rule creates a pendulum. And then this pendulum starts doing its dark deed. The main feature of a pendulum that makes it so destructive is that it leads people far away from the path where they could find their true happiness.

Imagine a crowded street, where everyone is busy with their own agendas. Suddenly people in black appear on the street, forcing everyone into a line and making them march. One or two people make an attempt to get out of the line, but they are immediately and crudely brought back into line: ‘Stop! Where are you going? Get back in line!’

A film like *Matrix* was not made by coincidence. Science fiction has a tendency to eventually turn into reality. And this tendency is accelerating. If you’ll notice, the gap between science fiction and real materialization is getting narrower and narrower. Of course, people are not sitting in containers with suction cups attached to their bodies, but the analogy is drawn really close.

Everyone thinks that formation is a kind of reality. In truth, the need to be in a formation is an illusion. True reality is when you can get out of the formation and go your own way. But becoming aware of it is not too easy.

People are so used to living through their illusions that they need a good shake, or, as in Carlos Castaneda's books, to 'shift the assemblage point' so that they can see what is reality and what is illusion.

Handicapped people, for example, are among those people who have no choice. They are forced to either suffer from their deficiency, or to disregard the pendulum rule. When someone realizes that he has nothing more to lose, he refuses to chase the model anymore and starts living for his pleasure. Handicapped sportsmen, playing basketball in their wheelchairs, are immeasurably happier than healthy teenagers mimicking Michael Jordan. The latter look less natural than the handicapped individuals, because they are walking in formation. And not a single one of them will become the new Michael Jordan, until he figures out that he needs to step out of the line.

Those who break the pendulum rule either become leaders or renegades. Some make their way to stardom; others become social outcasts. The difference between the two is that the first group of people are convinced that they have the full right to break the pendulum rule, while the others have doubts.

Stars are born on their own, but pendulums are the ones to light them. Those individuals who step out of the formation create a new model of success. Pendulums cannot stand individuality; they see a rising star, and there's nothing else they can do but to make it their favorite. And so a new rule is established, at which point the formation turns around and starts marching after the new star. Do you understand what is going on here?

But in order to get out of the formation, you need to know how to do it. If you start fighting the 'people in black', you will suffer defeat. In the battle with pendulums you will be brought down forever.

The whole secret is that you need to get out of formation *without a struggle*. You can simply step out and, with a calm smile on your face, wave goodbye to the people in black. And then go your own way. They will bend over backwards to get you back into line, but they won't be able to do anything about it, if you won't fight with them.

But, in order to understand this simple truth, you have to thoroughly re-examine your worldview. There are many things in our world that are upside down. Transurfing, in this sense, puts everything back in place and helps reject the pendulum rule.

However, many may not even accept the idea that they are squeezed into a matrix. Those who prefer to stay asleep do not need Transurfing. We all get

what we choose. Illusion is also a choice, and anyone who prefers it has the right to it.

I am not forcing anything on anybody and do not intend to prove my ideas. You can test everything for yourself. I am just walking by, saying:

> Hey, you know, there is this thing called Reality Transurfing!
> *Oh, really?!*
> Yep! I'm headed there – you can do as you want.

That's all.

Stabilizing the Structure

In accordance with its law, a pendulum does everything to increase the energy of any conflict that has arisen. Battles, from which pendulums draw energy, are always going on around us. But these conflicts usually arise between two or several opposing structures. There are plenty of examples of this – wars, revolutions, market competition and other types of counteraction.

However, along with aggression towards its enemies, the distinguishing feature of any pendulum is the drive to maintain and strengthen the structure that makes a pendulum's existence possible.

The energy-information entity is created and develops simultaneously with the appearance of an ordered structure, created by the representatives of the animate nature. The existence of a pendulum is wholly dependent on the extent to which the newly created structure is stable. Therefore, *it will do everything in order to stabilize the structure*. That is the second pendulum law. To illustrate what I mean, let's look at the most straightforward example – a school of little fish. The school behaves as a single organism. If you scare it at one end, all the little fish will turn around and swim away synchronously. Where does the synchronism come from?

If we were to assume that every single fish reacts to the movement of its neighbor, then the disturbance must be passed down the chain. However, regardless of the speed of the signal transmission, there still has to be a time delay. But that's the thing – there is no delay. The school can reach rather large proportions, but that makes no difference – the same synchronism is observed.

Birds behave in a similar way. If you ever had the opportunity to witness a large flock consisting of small and fast little birds, you must have noticed that their moving back and forth is distinguished by amazing coordination. Perhaps there is another mechanism at work here, for example, telepathy? But that too is not very likely. Take a pond where there are no schools – if you frighten a fish, another fish swimming only a meter away will stay quite calm. So it turns out, there isn't any telepathy involved. The signal is passed on only within a school of fish, which in itself is the simplest of structures. However, perhaps this signal is not passed on at all?

Let's take a higher-level structure – an anthill, for instance. Science is unable to provide a persuasive answer for how a colony of ants is run. After all, what's amazing is that there is a clear allocation of duties in the anthill, but there is no hierarchy. So why do all the insects act in a coordinated manner, like an organization run by central control?

Ants communicate by excreting odorous substances – pheromones. The odor trails allow them to find their way home and locate their food. But by what means is this information passed on to all the members of the colony at the same time? Any higher means of information exchange are out of the question. Otherwise why would they use such a primitive dataset as odors?

So, what unites separate members into an organized colony? A pendulum does. At the same time as a structure is created, and during its subsequent development, an energy-information entity is formed, which takes on the function of controlling and stabilizing the structure. There is a direct connection and a feedback loop between a pendulum and the structure elements. A pendulum exists at the expense of the energy of its followers and synchronizes their activity, uniting them into one organized society.

It may appear from the outside that the structure is somehow organizing itself, but this is not the case. Self-organization can only occur in inanimate nature, where the laws of physics act as the controlling element. For example, the molecules of any liquid during the process of crystallization are arranged into a lattice, the structure of which is determined by the shape of the molecules and the interacting forces.

For living organisms to become united in a structure, the presence of an external organizing factor is required. And that factor is the pendulum. How it does what it does is still unknown. To all appearances, there is a specific energy-information exchange between this entity and a living organism.

A pendulum, as a controlling superstructure, can be found in any structure that brings living organisms together. However, you cannot say that

a pendulum executes intelligent control over any structure, because it does not have conscious intention. The consciousness of an energy-information entity is much like an algorithm. A pendulum does not implement its plans, like an intelligent being – it manages the structure in the same way as a program manages the work of an automatic device.

The degree of automaticity in the actions of the structure's elements depends on the level of their consciousness. The more primitive a living being, the less idea it has about its own motives and actions. If a creature lives in isolation, then its actions are determined by an internal program – a set of instincts. But when living beings come together in groups, an external program – a pendulum – immediately joins in and starts controlling the behavior of the community.

The aggressiveness of the world, where everyone eats each other, developed as a result of the first pendulum rule. The aggression that is a product of pendulums is far from a necessary feature of animate nature, and this idea finds support in various separate corners of our planet. For instance, there are practically no predators in New Zealand.

A great many inhabitants of the planet have to come together in groups in order to survive in an unsafe environment. Pendulums force living beings to turn into elements of a structure by the principle: 'Well, little chicken, do you want to live? Then do as I do.'

People too are disposed towards assembling into interest groups. This is explained by the fact that it is easier to communicate with others this way. Perhaps it may seem strange that the vast majority of people have considerable difficulties in communicating with others. Despite the apparent effortlessness of interpersonal relations, they are quite strained, and this is due to quite a number of external and internal causes. In order to establish a more intimate contact, people instinctively try to find something in common, something that could unite them in one way or another. This is where the stabilizing function of pendulums becomes apparent. When discussion partners are swinging on the same pendulum, they are 'tuned into one wave' and have no trouble finding common ground. That is why it becomes easier to interact with others when you can have a smoke, a drink together, sit at a dinner table, go hiking, play a game and so on.

But perhaps the most impressive illustration of the second pendulum law is the birth of civilization. Have you ever thought about why cities came into being? Why, hundred of thousands of years ago, did people live in villages and nomad camps, and then suddenly start building great civilized

settlements? What initiated the urge to build: craft-making, trade or perhaps war?

The most ancient cities are as old as pyramids. One of these – Caral – was discovered quite recently in Peru. This lost city remained unknown for almost five thousand years. It was detected when it turned out that the hills rising up in the middle of a desert were actually pyramids back in the day, and one of them was just as big as the ones in Egypt. Archaeologists were surprised by the fact that despite their excavations they were unable to find any pottery or weapons. People used primitive tools made out stone, bone and wood.

It was established that the city folk grew cotton, made fishnets and exchanged these for fish from those living on the shore. However, people could live in a village and make their living just the same. There were no defense structures around Caral, so military prehistory is also out of the question. What then accounts for the city having become established there?

From ancient times, people lived in villages, engaged in primitive handicrafts for a living, did some trade, and waged internecine wars. And to be able to do all that, they did not need to construct cities made of stone or to erect pyramids. In all likelihood, pendulums, or rather their stabilizing function, served as the organizing factor.

One cannot account for the exact process by which this happens. But the truth is always somewhere nearby. Most likely, at a given moment, a pendulum structure, within which lies the ability for further development, is spontaneously created. A city is, after all, a complex hierarchy of production, consumption and exchange pendulums. And if, by its structure, this self-organizing system proves to be stable from the very beginning, then it will expand and grow stronger. The evolution of the structure can eventually result in a complex civilization being formed. And this process will continue until some defect in architecture brings the gigantic construction crumbling down. Of course, that's still in the distant future – but it all depends…

However, let's get back to our life. Man, in comparison to other representatives of the animate nature, is 'more awake'. But is he always aware of his actions? The human mind can create complex devices and mechanisms, build cities, research the world. And yet, in the sense of consciousness, man hasn't gotten very far from the animal world.

The whole of human society is organized in a complex structure, consisting of separate formations: from families to large corporations and governments. Just as in nature, if you lead an isolated existence then you are

the one responsible for your actions. As is well known, those individuals who move away from society become enlightened. But when a person becomes an element of a structure, he is to a large extent sleeping awake, which nevertheless doesn't prevent his mind from engaging in high-tech production.

A modern factory is much more complex than an anthill. However, in essence, both are structures that are controlled by pendulums. And if one were to view together all the achievements brought about by scientific and technological advances, it would be obvious that they are all products of a structure, not of separate individuals. One man can invent the TV set, yet television is a product of an entire system, controlled by a pendulum.

When you become an element of a structure, you have to follow the pendulum rule. As a result, you get an inevitable contradiction between personal interests and conditions, forced on you by the structure. The worst case scenario is when you are not aware of this fact and toil away obediently by the sweat of your brow within the system, with no time to lift your head to look around and become aware of your actions.

You may object: 'What kind of nonsense is this! Why do you say I am not aware of what I am doing? On the contrary, I am perfectly aware of what I am doing, why and for what reason I am doing it.' Not likely.

As a striking example, one could take children's summer camps. The yet-to-be-established psyche of teenagers, who are relatively free from being classified, serves as fertile ground for the growth of pendulums. Pendulums, by virtue of their aggressive nature, create an environment where a competitive spirit flourishes. In this environment, if you are not like everyone else, that is, if you do not correspond to the parameters of the formed structure, you may be made a laughing stock, be 'driven away from the flock', or simply get beaten up.

Under such conditions, a teenager is sleeping awake, and he's sleeping like a log. He lives as if in a dream, unaware of his actions, be it in a crowd or in opposition to it. The sedative in this case is the heavy feeling of competitive relationships and the severe doubts the teenager has about his own adequacy and fitting the set 'standards'. This feeling of oppression and vigilance is always there, even if on the outside the teenager is calm and full of energy.

This kind of oppression, bordering on hopelessness, is the same as that experienced in an unconscious dream, where you are entirely at the mercy of unfolding events. Life in an aggressive environment 'happens', in a similar

way to a dream. The rapid flow of events ‘rushes’ you forward and all your awareness is reduced to staying afloat, gawking around in fear.

If the teenager hasn’t got an inner core of confidence, he instinctively – you could say, unconsciously – starts looking for a point of support that will allow him to strengthen his status. And the pendulum is the one to offer this support, though not for free, but in exchange for submitting to the rules of the structure.

One may often notice, in an environment similar to summer camps, that you get certain rollicking individuals who are seemingly one hundred percent sure of themselves and taking to everything like ducks to water. All their false confidence is held up by a point of support provided by a pendulum.

Imagine two such owners of support – one a ‘slacker’, another a ‘prankster’: ‘Hey, you! Look at me! Do as I do! Do as I do!’, ‘Hey, you! Don’t be a retard! Stop waiting around, kick back, do the monkey!’

No one around them realizes that these two are dangling on the pendulum’s hook, like puppets. The point of support, although ephemeral, is responsible for the illusion they have created. Others, watching the imaginary confidence of these puppets, do exactly the same – they get the point of support in exchange for compliance with the rule: ‘Do as I do.’ And so, they all keep dangling as one, both the ‘slackers’ and the ‘pranksters’.

The main point is that a pendulum’s adherents submit to its rule while being entirely unaware of it. They fall completely under the illusion that this is how it should be. By following the rule, adherents can do whatever they want, but they all do it the same way. For example, teenagers no longer use foul language to swear – foul language is just how they talk nowadays. It doesn’t even occur to anyone that it is a vulgar thing to do. Yet vulgarity is basically about bad taste. It’s low class. It’s the same as not taking care of personal hygiene and walking around in dirty clothes. Teenagers don’t wear dirty clothes at the moment, but they definitely will, as soon as there’s a rule telling them to do so.

For example, at the court of the French king Louis IV, washing oneself wasn’t considered appropriate, because the king himself had a pathological aversion to hygiene, reducing it to only washing his hands with cognac. The members of the court were forced to follow his example, so, in order to cover up the unpleasant smell coming from their bodies, they poured lots of perfume on themselves; as a result there was a heavy stench throughout the palace. And one more note: because the entire court was also suffering from lice as a result of this poor hygiene, they came up with a ‘refined’ habit:

dames and cavaliers carried sticks with them at all times, which they used to ‘gracefully’ scratch themselves.

Evidently, the rule can rehabilitate absolutely any kind of nonsense. But the important thing is that the followers of the rule, in their great mass, act in the same, uniform way, like a flock of sheep. For example, whoever it was who first said the word ‘cool’ can consider himself a shepherd. And the rest of us, like parrots, saying these and similar words in chorus, are undoubtedly acting like sheep.

And now let’s recall the school of little fish! Has man progressed much in his consciousness?

It’s not only teenagers who are exposed to the influence of pendulums, but adults as well, especially when they are in a crowd. For example, at a meeting, when there is a common discussion about someone or something, a person may suddenly get up – a thing he would never expect himself to do – and start actively ranting on. Later, he will be perplexed, wondering how on earth he went through with it, but then he’ll start convincing himself that he said all the right things. A crowd often makes its members behave in a way that is uncharacteristic of them. That is the effect a pendulum has on those looking for a point of support.

It would seem that people find support in a structure, and that’s fine – what difference does it make? Certainly, that too is a way out. But one should keep in mind that if you submit to the rules of the structure, you’ll have to forget about your individuality. You’ll be ‘like everyone else’ and you’ll get peace and safety. But at the same time you will lose your god-given gift – the uniqueness of your soul – which makes everything ingenious happen.

Not to mention that there can never be any notion of unity between your soul and mind. A person who is completely at the mercy of a structure is practically unconscious and does not hear the voice of his soul. And that means that he will never be able to find his path and will spend all his life slaving away for the benefit of the structure.

But what I really don’t mean to say is that your path is to be found outside of any kind of structure. You could retire to the mountains and cut yourself off from the world of pendulums, but if your life continues to be an unconscious dream, if you continue to sleep awake, then absolutely nothing will change.

I’m talking about becoming the master of your fate, while remaining in the structure. For example, could you get the confidence you desire, without submitting to the pendulum rule and without turning into an outcast at the

same time? Easily. All you need to do is simply wake up and look at the game with the eyes of a spectator, without leaving the stage. Then, the pendulum's favorites – the slackers and the pranksters – and the adherents who follow the pendulum rule will immediately become visible to you.

The only thing you cannot do is judge or, what's even worse, despise other people. If, as a result of becoming aware of the situation, you start comparing yourself to those who are 'asleep', dependent relationships will occur, polarization will tighten, and the 'awakened' will inevitably become an outcast. It's very important to remember that rejecting the pendulum rule is not enough – you have to replace it with the Transurfing rule: 'Let yourself be you, and let a different person be different.'

That is when you will be able to find the point of support within yourself. Understanding what is going on around you is already half the battle. This knowledge alone brings solid and calm belief in yourself, because lack of self-confidence springs from the fear of the unknown. When a person is unfamiliar with the rules of the game, he starts seeing the world around him as frightening and hostile. And then feelings of loneliness and depression come over him, making him fall asleep and submit to the pendulum rule.

So, knowing all this, you are now able to turn your life into a waking dream, and hence, get control over the situation. Either become a shepherd, or, at the very least, stop being a sheep.

What you should do to improve your position I have already discussed at length in the theory of Transurfing. First, get rid of any guilt. In order to do this, you have to stop justifying yourself and stop explaining your actions to those who have the audacity to judge you. Second, stop defending and proving your significance. If you follow the Transurfing rule at the same time, then these two things will be quite enough to get a point of support within yourself, that is, to start living in accordance with your credo.

However, you should keep in mind that you cannot just thoughtlessly oppose yourself to the structure and attempt to get rid of its influence by any means possible. I repeat – we're not talking about completely getting rid of pendulums, but about not being their puppet.

Once you've woken up, you'll be able to feel and understand the ways in which the structure is putting pressure on you ('Do you want to live?!') in an attempt to force its rules on you. Then you'll be able to decide for yourself whether to relinquish these rules or to follow them. The main thing is to do it mindfully, while everyone else around you is asleep – that is what the strategy of the master of the situation entails. As an example, let's take one

typical letter:

> Why does it sometimes happen that when you're doing a good job, or doing even more than you're supposed to do – like suggesting new ideas, which are well received – nobody notices and someone else gets the credit for your work? Even if the issue is related to getting a raise, I am quickly forgotten, as if they haven't got a raise planned for *me*. And even if they do offer me a slightly higher post, then in the process of assigning me onto a different post, my place gets taken by a different person or the whole process comes to a halt. It seems I'm some sort of invisible person. Why does this happen?

Apparently, the female reader who asked the question above works in some kind of administrative system. Any system is a pendulum. At first, an energy-information structure appears in the shape of an array of ideas and principles, which then develop into its material manifestation, that is, a system. The system starts developing on its own, subjecting adherents to its laws.

Pendulums put their adherents in key positions, not because of their high merits, but because they comply with the system to a greater extent. It would be naïve to think that on a career ladder, and especially in the hierarchy of power, people are arranged according to their distinguishing qualities and achievements. That is true to a certain extent, but distinguishing qualities and achievements are not the main criteria.

The main criterion does not consist of how *well* you do your job, but how *appropriately* you do it from the point of view of the system. A pendulum is primarily concerned with stability. And that is why, in the first place, you should orient your actions towards maintaining the stability of the system.

If you want to move up the career ladder, you must understand the difference between 'good' and 'appropriate'. Here, everything depends on the group of staff in question. Pendulums too can be different.

In smaller teams, creativity, independence, enthusiasm and initiative may be encouraged. But if it is management personnel or a large business, then completely different laws and completely different ethics apply – those of a corporate nature.

Corporate ethics involve more stringent regulations, discipline and diligence. Initiative-taking is often punished, independence is met with vigilance, and creativity is not essential. In a system such as that, you should not act ‘better’ but ‘more appropriately’.

Therefore, you need to act consciously and flexibly, adjusting your actions to the realities of the pendulum world. But it is not all as complicated as it may seem. The important thing is to wake up in time.

The Indigo Aliens

One of the brightest manifestations of new reality is the ‘Indigo children’ phenomenon, which has been described in detail in a book by the same name, by Lee Carroll and Jan Tober. This terminology was introduced by the clairvoyant Nancy Ann Tappe. She conducted research on the relationship between personality traits and the color of one’s aura.

In the early 1970s, Nancy Tappe encountered an unusual phenomenon: a new type of children were being born, with a previously unseen aura color – indigo (between blue and violet).

The personality of Indigo children also differed from those other people. Their main characteristic was hyperactivity and attention deficit. They cannot sit still, if what they are doing is not of personal interest to them. However, not all children with these traits are necessarily Indigo children, and vice versa. They are all different.

What unites them is an inherent sense of self-dignity and a drive towards independence. Indigo know their worth and seem to be confident that they deserve to be here, in this life. That’s what they are like!

These children amaze grownups with their reasonableness. They have a very well-developed consciousness and a sober view on things for their age. They are not disposed towards bowing down before universally recognized authorities.

Indigo do not accept conservatism. They think it’s obvious that some things should be done in a completely different manner, while other people habitually follow the generally accepted norms and rules.

One could never call them obliging children. From the point of view of child upbringing, you might say they are uncontrollable. They have their own thing going on for them. To some extent that is true for any new generation. However, the Indigo generation is marked by a particular newness.

For thousands of years, the alternation of generations occurred evenly and even regularly. But lately there has been acceleration in the renewal of generations – each new one differs more and more dramatically from the previous one. The Indigo children have already got their own children, who have outdone their own parents in the display of typical Indigo traits.

So, what is going on? The process of the revolutionary renewal of the human mind cannot take place on its own, without special reasons. As is well known, in nature and in society everything strives towards balance. Therefore, the renewal of the human mind is a counterbalance to a different process.

It doesn't take much to figure out what process I am talking about. During the last couple of decades, simultaneously with the development of information and telecommunication systems, a powerful network of pendulums has formed, which has firmly enlaced the entire Earth.

Scientific and technological progress as a whole is not as terrible as its information component, which creates fertile ground for the creation and existence of pendulums. The greater the group of adherents thinking in one direction, the stronger the pendulum, and hence, the stronger its power over people.

In order to get control over the consciousness of a large amount of people, you really don't have to put them into vials with suction caps, like those in the famous movie *Matrix*. It's quite enough to create an all-embracing network, and then people will automatically take their place in its cells.

But what is a human being in an information cell? It is a socalled social *element*, the consciousness of which is limited by his or her place in the *structure*, which really does resemble a matrix.

The structure imperceptibly but tenaciously envelops each member in a specific set of behavioral and mental stereotypes. A person thinks he's acting freely, out of his own free will. But in truth, he has no idea about freedom, because the 'configuration' of his will is shaped by the structure. That person is playing a game imposed *by the will that has been designated to him*.

Seemingly, everyone is *free* to do whatever they want. Such is the nature of declared freedom. It is just that everyone can only *want* the things that comply with the interests of the structure. *The structure teaches you to want what the structure needs*.

And this process of *will enslavement* (enslavement of intention) is what we are going to talk about next. This process is synergetic by its nature, that

is, it is self-organizing, because pendulums as such do not have a conscious intention. Everything happens on its own, as when ice crystals are formed during the freezing process. The web of pendulums, like a colony of parasitic plants, covers the entire biosphere of the Earth.

Are you scared? Or perhaps you find this idea amusing? Whatever floats your boat. Everyone is *free* to light-heartedly attribute all these arguments to the field of science fiction. And yet, when everyday reality appears in an unfamiliar shape, its tough realism surpasses even the boldest of fantasies.

But let's go back to our kids. The tendency of will enslavement gives rise to a feedback mechanism – the appearance of children with an innate drive towards independence. That is a natural process. That is how the activity of equilibrium forces manifests itself in response to the exponential growth of the web of pendulums.

On the one hand, pendulums try to arrange the world in an order, driving people into a structure resembling a matrix. On the other hand, the Indigo people balance out the dominance of pendulums, as if thereby completing their predestined mission. The children's behavior is aimed at destroying any kind of order. Squeezed within the limits of stereotypes and conditionality, they strive to break free.

All children, but Indigo children in particular, are very sensitive to excess potentials. For example, any falseness is immediately uncovered. When people try to ingratiate themselves with them, they start getting fresh. Should you over-praise them, they start playing up.

Any order gives rise to polarization, which children immediately want to destroy. 'I'm not going to sleep! I don't want porridge! I'll do it myself!' The tendency towards disobedience and naughtiness in children is not a result of maliciousness, but rather a consequence of a natural desire to get rid of external control.

Sometimes it may seem that children are doing certain things in spite. But in such cases they are acting unconsciously, unintentionally. They do not plan or scheme their provocative behavior. It happens naturally, on its own. That is, the activity of equilibrium forces is manifested in response to the grownups trying to cram their children into formation.

The drive of Indigos towards independence also has an effect on their attitude to religion. 'New children find it difficult to accept the modern church,' write Carroll and Tober in their book. 'Indigos come into this world with a heightened sense of selfrespect and an unshakeable certainty that they

are the children of God.' In that case, do they need any middlemen in order to speak with God? Hardly.

Indigo children are mainly guided by the voice of their heart, rather than their mind. Grownups think they are doing a good thing when they act appropriately. Children are of the opinion that the important thing is to do everything from the heart, with love, and contrary to what is considered the correct thing to do.

And what if, a long time ago, in your former lives, your children were your parents? And now you've switched places! These ancient souls are once again trying to educate you, teaching you many wise lessons.

The sensibility of Indigo children is a result of their heightened awareness. They are aware of what is going on, and know who is who. Awareness is sharpened when the focus of attention is aimed at yourself, and not at the world around you. After all, if someone is completely absorbed by problems imposed on him from outside, he dives into the unconscious game. The awareness of Indigos is counterbalancing the tendency of the 'sedated mind' of people caught in the pendulum webs.

All children from their birth are notable for their striking individuality. In early childhood they are very beautiful and charming. The secret behind the appeal of children is contained in the harmonious unity of the soul and mind. They accept themselves as they are, and hence the original beauty of their soul is not distorted by the false masks of the mind.

Then why, as these wonderful creatures grow older, do they develop certain unpleasant traits and weaknesses? They are, after all, the children of God, and hence beautiful and powerful like God Himself, despite the helplessness of their early age. They initially hold the power of the Creator, which enables them to shape a new reality. But the talents of God's children do not manage to reveal and manifest themselves because pendulums rid them of their divine power – the unity of the soul and mind.

Children come into this world and gullibly watch it with their wide-open, bead-like eyes. They see life as promising and full of hope. But pendulums are the ones ruling the world, pendulums that act by the principle: 'Divide and conquer.'

Pendulums unite the intentions and ambitions of people, thereby destroying personal uniqueness and integrity. *The separation and alienation of the mind from the soul leads to the loss of divine beauty and power*.

With time, small and large hopes get shattered. Some individuals go through this process in a paced and painless way, whereas for others, who are

not as lucky, this process is rough and happens quickly. If you were to look into the eyes of the children from a children's home, you would perhaps notice two seemingly incompatible things – hope and despair. As if there is just one question in those eyes: 'Is this really how it is supposed to be?'

The world of pendulums constantly points out to children their vulnerability and inferiority. First, distrust arises in their mind, and then comes fear, which gets under their skin and makes them grow accustomed to it. But you cannot simply get scared and run away – you have to somehow survive in this aggressive environment. Finding themselves under the powerful influence of the structure, the children of God are forced to become its elements.

As they get older, children start worrying that they are not like 'everyone else', because those who are 'like everyone else' can 'henpeck' them, which is what often happens. It is safer in a crowd. And if you are standing outside the crowd you can become an outcast. That is how children gradually lose the gifts given to them from birth – independence, consciousness, intuition, individuality.

All these qualities are mainly inherent in the Indigo children. But to a structure, this would equal death; therefore the process of will enslavement keeps expanding. Who will win this battle? No one knows.

There is only one thing that matters to us: as long as the structure hasn't gained final victory, we have to get back – now, in this life – at least a fraction of the power given to us by God. Transurfing will help us do that.

And what about you, dear Reader, perhaps you're an Indigo? Actually, it doesn't matter. We are all basically the same – either grownup children, or grownups-children.

The Lords of Energy

How strange… It's commonplace and strange at the same time. Cultivated plants and pets were wild a long time ago, and existed independently and naturally. But then man 'woke up' and realized that he could bring them under control. Consciousness was what allowed man to rise above animals and plants and, while they were living in an unconscious dream, use them for his own needs. In order to do this, man had to create structures which determined where and how the enslaved species should exist.

No matter what the aims of animals and plants were – and undoubtedly these were in place – the order of the structure reduced them to nothing. From the point of view of man, the goal of the lives of living creatures comes down to the primitive needs of feeding and reproduction. However, if this 'higher' being really thinks so, then that is more likely to be evidence of the primitive level of his allegedly perfect mind.

In truth, every living creature has its own goal. But why is that so? For what reason? *Because the process of attaining one's goal is what drives evolution*.

We'll get back to this issue a little later, but for now let's just state the following fact: the true goal of any living creature, no matter what it is, can only be attained in the creature's natural habitat. Yet, any structure subjects the goal of its elements exclusively to its own interests. The development of tamed or 'ordered' animals and plants moves in the direction determined by man. As a result, the elements of the structure fall even deeper asleep and completely lose any notion of their true goals.

The life of wild animals and plants is many times richer and more conscious than we think it to be. Take, for example, a herd of wild reindeers. There are more than enough problems: issues related to defending the herd from predators, issues associated with bringing up the new generation, looking for something to eat, family relations, hierarchy, as well as games, and simply enjoying life.

The life of a herd of cattle within the structure of a farm is much poorer. Man delivered the animals from a whole range of problems when he started providing them with shelter and food. But in exchange they had to give up their goals to the master – now he determines how, why and how long they should live. Wouldn't you agree that this bears much resemblance to a person 'selling his soul to the devil'?

And what about man himself? Reality is such that, when creating structures, he becomes their slave. *Man loses himself and no longer understands who he is and what he wants*. All his activities are in the end reduced to production, the selling and buying of various products. At the head of any structure, like a superstructure, is a pendulum. Pendulums have no interest in the actual products, yet structures are developing rather actively. Why is that the case?

The fact is that the main product is energy. People buy things for their pleasure and comfort, right? Along with the pleasant things, there are also

things in life made to give trouble to other people. In both cases, energy is released – positive and negative. And that is what the pendulums are after.

As you can see, the production of physical objects and the turnover of goods is far from what it is all about. *Energy is the primary goods; that is what is being sold and bought*. And the whole of this energy market is controlled by pendulums. People get a small part of it, whereas the magnates get the large chunk. Someone gets the hay; someone else gets the milk.

There are even operations conducted on the energy market that are quite similar to financial ones. For example, alcohol is energy in its pure form. By drinking alcohol, you take energy on credit. An alcohol-induced rush is when you get your advance of energy, while a hangover is giving it back with interest. You always get to return more than you borrowed; pendulums never give away energy without profiting from the transaction.

Low-alcohol drinks make you relaxed. The pendulum sucks your energy little by little. Spirits, in contrast, give a rush of energy: 'Let the vodka be drunk! Let the music flow!' However, the pendulum lends you this energy at a high interest rate. Soon enough, the trend starts moving in the other direction: 'Let the vodka flow! Let's get *drunk* on the music!' After the high euphoric feeling comes a very deep low. The more intense the excitement, the more you feel the subsequent depression.

A hangover happens not because of a physiological blow to your organs, but mainly because the pendulum is pumping away your free energy. You are then forced either to suffer or consume more alcohol. The pendulum can once again lend you energy, since it is not in any hurry. The payback will definitely happen, sooner or later. You can run away from a barman without paying your bill, but there is no escaping a pendulum. And the longer you are 'behind on your payments', the more brutal the payback will be.

In this condition, the free energy of the debtor is entirely at the pendulum's disposal. He can sense someone quite literally putting claws into his energy body, in the area of the heart chakra. The pendulum sets the condition: either the drinker consumes more or the torture will continue. To the extent that a person's will is basically his free energy, he becomes weak and weak-willed depending on the amount of energy that has been drawn from him. That is the main cause of alcoholism. If he takes in more, he is once again credited with some energy, but after that, inevitably there comes an even more ruthless payback. His heart may stop, as indeed often happens. The pendulum will leave that man in peace, only when there is nothing more

to gain from him. And as for whether he'll survive – well, that's just a matter of luck.

The first ever credit is the most generous and festive, like a presentation. As you know, the first glass of wine has a rather impressive effect, but later, with every subsequent glass of wine, not only do sensations become duller but they also become less pleasant. Pendulums 'fork up' only to lure people into their web. Payback is nevertheless always cruel and no one gets any slack. Therefore, if you are taking on this kind of credit, you should always maintain your consciousness at a particularly high level and be aware of your 'ability to pay' back what you have borrowed with interest.

Homeless people who have turned into drunks are far from degraded people, as it is the custom to believe. These poor souls simply misjudged their ability to pay back their credit in time, and therefore they are still to this day walking around in debt. They take out more and more loans, and every time, the payback only gets tougher. And yet everything began so joyfully, as part of holiday cheer! Nobody notices how the process of degradation accelerates, but it inevitably happens nonetheless, and later turns into a snowballing effect. The nature of an *induced transfer* is very treacherous, and anyone can get pulled into its funnel.

Basically, everything that is related to intense, that is, energy-consuming feelings has to do with bad habits, and it's all due to the credits handed out by pendulums. Why are they bad for you? Because pendulums are aggressive by nature and are prone to increasing conflict energy. Everything that is appealing but is bad for you will sooner or later come to a bad end. The greater the harm, the more negative energy is realized. Positive energy is never released in such large quantities.

The greatest energy 'yields' are 'harvested' from those who use drugs. The short-lived euphoria is nothing in comparison to the subsequent depression. And if another dose doesn't arrive in time, a horrible withdrawal pumps out all the remaining energy of the poor bugger, to the very last drop.

There are also other kinds of credits, with a lower interest rate. These are mainly tobacco, tea, coffee, alcohol-free beverages, chewing gum. At this point someone may not be able to hold back and will say: 'For pity's sake, what's chewing gum got to do with it?'

As I already mentioned, when any material but also moral need is satisfied, energy is released. It may be the energy of pleasure, comfort or whatever else – it doesn't matter. In any case: when you want something, energy is accumulated; when you get what you want, you emit energy. In the

process of chewing, a person gets a certain sense of comfort, which by the way has very ancient roots. The nature of this comfort is quite obvious: when you are eating, everything is fine; but when you are the one being eaten, frankly it sucks.

In the end, the same goes for any habit: if someone becomes ‘a regular client’, he becomes part of the ‘flock’. There is no need for a sheep pen. The client won’t be going anywhere anyway, as long as his attention is held in a pendulum’s noose of capture. When that person thinks about the object of his habit, he emits energy on a pendulum’s resonance frequency. All the thoughts of energy-owing ‘debtors’, for example, are directed exclusively at getting another portion of energy – another loan. They are unable to think about anything else, because the pendulum is holding onto their attention.

Such a capture is possible thanks to a particular feature of the human mind. Attention can be fixated on just one thing – it’s like the arrow on a weathervane, with the pendulum driving the wind in one and the same direction. The way the ‘attention arrow’ gets captured can be illustrated by a very simple example: when a persistent tune gets stuck in your head.

One shouldn’t assume that dependence develops only because of physiological factors – they too are present, but they play a far less significant role. For example, when the most inveterate smokers go away on a submarine, they are not burdened in any way by the lack of opportunity to smoke. As soon as the manhole is battened down and there’s been an order to dive, thoughts about smoking vanish altogether, because objectively there is absolutely no possibility of smoking. The smoker has completely come to terms with this objective need and doesn’t give it even one more thought. The vane of his attention has turned in another direction. Where did the physiological dependence go? But then the submarine comes back from its voyage, and if the smoker didn’t intend to quit smoking, he remembers that it would be nice to have a cigarette, and the persistent creditor immediately captures his arrow of attention into its noose.

The capture of the arrow of attention is also confirmed by such a phenomenon as gaming or Internet addiction. There is a large group of people who have gone so far that they only feel comfortable in front of a computer screen. Should a person addicted in this way tear himself away from the screen, even for a couple of hours, he gets a temporary break with all the signs of withdrawal. His head and muscles start to ache and there is an unbearable sense of discomfort. But as soon as the client goes back to the

screen, all symptoms immediately disappear. Clearly, there is no physiological need in this case.

In all cases, dependence takes place mainly because the arrow of attention gets caught in a pendulum's noose of capture. *In order to 'come off the needle', you have to switch your attention, occupy it with something else*.

To break free from the noose of capture using only willpower is hardly possible, just as you can only get rid of an annoying tune stuck in your head, by switching over to another one. A bad habit is usually followed by a set scenario and scenery. All this creates a characteristic environment, for example, a smoking break at work, which facilitates the capture of attention. There is only one way to pay back all your loans and leave this vicious bank: to change the scenario and the scenery. It is not difficult to do; you need only a desire to do so and a little imagination.

In any case, without even having 'a loan', but merely through using the products of civilization, human beings give away a part of their energy to pendulums in spite of themselves. People are literally being 'shepherded', if not to say 'cultivated'. The entire lifespan of civilized society is a never-ending process of consuming and giving away energy. And this whole energy exchange is controlled by pendulums.

But the gathering of energy from people is not too bad on its own. The main danger posed by the structure is the reduction to nothing of the individual paths of its elements. A member of the structure even loses sight of the very idea that his own path exists somewhere! He starts not only doing what the structure tells him to, but even wanting the things that would benefit the structure. So don't be under the delusion that man is an intelligent being, and will therefore not allow his own enslavement.

As I have already mentioned, the level of awareness of human beings is at a low level, while the structure slowly but safely leads them towards the further decline of their last remnants of awareness. For a complete victory of the structure, it needs to unite all elements into one single information space – a process that is happening right now, and quite rapidly and successfully at that. Perhaps man has only a very few bricks remaining before he bricks himself up completely.

What can be done? After all, it turns out that if you consume the products of civilization, you are being shepherded (we can say that without quotation marks now). There have been occasions when people have tried to run away from civilization and settle in communities in the wild. I won't be the judge of how successful their attempts were. But it seems that human

beings are unable to completely reject civilization – they are not fit for a life outside civilization. Nevertheless, it would make sense to reduce all harmful products to a minimum and replace them with organic gifts from nature.

For example, set up a patrimony with your own fruit and vegetable garden. The main advantage of such an oasis of animate nature in the desert of civilization is that its owner – not a structure of some kind – is the one who sets the norms and standards. But it really isn't necessary for those who don't like digging vegetable patches to do so. Everyone gets to have the ability to set the laws of their existence on their own: if I want, I'll asphalt the whole thing, or have the garden run wild and untamed.

For a city person, another way may entail switching to a diet consisting only of natural products. But even in this case, you first need to wake up and become aware of the fact that a pretty apple, grown within the structure and bought in the supermarket, is by its features only suitable for a 'fully fledged' element of that structure, with a complete set of illnesses that are brought about by such a diet.

Basically, there are a lot of different ways, and everyone can choose the one most suitable for them. For me, the role model will always be one particular feral cat with whom I 'had the honor' of making an acquaintance.

My friend and I used to like going out to the forest for a 'tasty barbecue', in order to get a break from the benefits of civilization. One day, attracted by interesting smells, a huge cat came up close to our camp. Apparently he had been a pet a long time ago, but then for some unknown reason he had found himself in the forest, where he turned wild. Judging by his size, this bushy blockhead was a successful hunter of little birds and mice – although an enormous cat like him could easily take down a rabbit. He did not decline our treats, but accepted them without further ado – he simply grabbed and ran.

Since then, we had the pleasure of meeting him several times in the same forest. This whiskered fellow liked helping himself to treats, but didn't allow us to get too familiar with him. Indeed, this cat was a true transurfer. He had got to know the taste of real freedom and, even though he didn't mind having to deal with civilization now and then, he would never trade his independence for any comforts.

You can still use civilization's goods without developing dependence on them. Awareness distinguishes a free individual from the flock. You just have to wake up and become aware of what is going on around you. As for me, I managed to find out about all this and pass it on to you, only because… Well,

actually it's a secret. But I will tell you, dear Reader. I went wild. I ran away from the farm.

Declaration of Intention

Up to now, we have only spoken about how to get rid of a pendulum and not be subject to its influence. But is it possible to get something good from it? Well, generally speaking, any dream is only realized in the end with the help of pendulums. After all, we all live and work in structures of various kinds, and there is no escaping this fact. The only question is: how do you make the structure help realize your dream, instead of taking it away?

Then again: are there any ways of influencing pendulums directly? Almost certainly, there are none. You cannot tame a pendulum and you won't be able to control it either. However, you can nevertheless use the pendulum's features for your own benefit.

Did it ever occur to you why people propose toasts, when sitting at the table in the company of friends? Is there a practical side to this, or is it a purely symbolic ritual? It turns out, there definitely is logic behind it. Folk wisdom sometimes gives rise to traditions which resemble senseless prejudice. But people unconsciously follow such established rules, unaware that these rules represent a way of controlling reality.

You see, alcoholic beverages, as was demonstrated above, represent an energy credit. You get an extra boost of free energy and your energy goes up a level. And since free energy is nothing else than the energy of will, then depending on what your will is aimed at, you will get the appropriate result.

For example, if you drink out of despair, reality will fall into an even darker pit. However, if you drink because you're happy, then there will be even more reason for celebration. And if you mix spirits with a sense of worry and fear, then life will take a turn for the worse, and you'll find yourself in a place where you truly have something to fear. The same mechanism applies in all other cases.

Thought emission, magnified by an energy surge, will transfer you to life lines with corresponding qualities. The pendulum giving you the credit acts as an amplifier of the energy of intention. The pendulum itself, no matter how much it swings back and forth, has no access to external intention, and therefore it is unable to materialize a sector in the space of variants. Reality is subject only to living beings. So, when you propose a toast, you're fixating the direction of your intention. Do you understand what's happening here?

The energy of the creditor-pendulum usually carries negative features. But human beings, endowing this energy with good will, change its polarity. Therefore, proposing toasts is far from an empty ritual, but a *declaration of intention*.

However, despite the beneficial effect of toasts, they all contain one and the same mistake – and it's a bugger: wishes are usually uttered for the future. The energy supplied by a pendulum is merely transformed into positive energy – it has no effect *on reality*. The things you wish for remain somewhere out there, in an unattainable perspective. And this is quite natural. After all, the mirror is unable to reproduce the future – it only ever reflects the present.

So then, what follows from all this? Well, it follows that you should propose all toasts in the present tense. They will sound very odd, but they will work. For example, don't say 'We'll be!' – say 'We are!' instead. So your toasts will go something like this: 'We've got perfect health!', 'We've won!', 'Those who are not with us are always with us!', 'Lucky are those at sea!', 'Our wishes come true!', 'Luck is always with us!' And so on.

A declaration of intention of this kind will immediately start attracting your wishes into today's reality, instead of putting them off to the tomorrow that never comes.

However, you shouldn't assume that with the help of alcoholic beverages you can easily turn your desires into reality. As you now understand, this coin has a flip side. The bigger the credit, the higher the interest, not to mention that with the increase of 'a loan', a person's consciousness, and hence his intention too, is displaced to an area in the space of variants which does not correspond to reality. And there can be no mention of conducting similar manipulations with drugs. Transforming a pendulum's negative energy into positive energy doesn't always work and is not something everyone can do.

Black magic is based on the same principle. An evil magician calls on dark powers in order to use their energy to enhance his hostile intention.

In general, taking out credit from a pendulum is not lucrative in any respect. However, if you do it anyway, you should stick to the rule: *When 'hanging on a pendulum's hook', think only pleasant thoughts*.

Take the Transurfing pendulum, for example. It will undoubtedly bring you no harm at all, but the declaration of intention can significantly increase its effectiveness. Every time you encounter information about Transurfing,

remind yourself that it helps you achieve your goals. A fixation like that will send the vector of the flow of variants straight to where it should be.

You should do the same with any other pendulum, even if it has absolutely nothing to do with your life. For example, when watching a TV series or a TV show, you are exchanging energy with a pendulum in one way or another. While watching the action, keep a goal slide ready, that is, the image of what you want to get. In the flow of information you can always find a connection, something that is related to your goal even in the slightest way. For example, if you see the main characters of a soap opera driving around in a supercar, immediately state the fact that you intend to buy something similar yourself.

On no account should you think about bad things when obtaining credit from a pendulum. Worrying thoughts, pressing problems, despair, fear – all this will be amplified by the energy boost you are receiving. Here are some examples.

During a smoking break, think about a forthcoming success, as if it is already in your pocket. Or let's say a commercial is urging you to enjoy the aroma of a cup of coffee. It would be better if you could use that moment to enjoy the good fortune that is always with you, no matter what happens. You haven't forgotten about *the principle of coordination*, have you? For example, when you're smoking or drinking coffee, instead of letting your thoughts wastefully run their course, declare the following intention: 'Things are just great, because I am shaping my reality with my intention. And I know how it should be done.'

Tea ceremonies are also arranged according to the same principle. Praying before meals and dedicating food to God are also customary for many folk groups. However, having given God His share, you shouldn't forget about yourself.

If you 'feed yourself' with love and care, repeating something along the lines of: 'Eat, eat, my darling, get well!' then you may achieve the most incredible and unexpected effect. Quite possibly, some of your illnesses will go away. Your body will be surprised at first, but will later rejoice and blossom, like a flower that is being cared for in a loving and attentive manner. The important thing is to service yourself with sincere interest, love, and words such as: 'If you don't feed yourself, no one will.'

A declaration of this type contains enormous power. If previously you were indifferent to yourself or treated yourself with distaste, then such a ritual will soon bring about amazing changes. You don't believe me? Try it out.

In the light of everything said, one might think that declaration of intention could be used in games with insidious pendulums, such as the stock exchange, casino or the races. Actually, why not? The probability of success will increase if, at the moment of investment, as well as during the game, you continue to play the slide of a certain win. It is not easily done, but is possible to achieve. As a rule, the thoughts of a player all come down to the following wording: 'Winning would be great!' … 'But what if I lose?' … 'No, I have to win regardless!' … 'This time I'll get lucky!'

Well, none of this is good enough. Here you've got an array of excess potentials – the desire to win, the fear of losing, thoughts about how to win, and the hope of success. You have to get rid of any discussions, emotions and hopes of success. The only thing remaining should be the undoubted and dispassionate *decisiveness to have* a win. 'I am a winner' – that is what your declaration should be, and it should be made without any reasons why, stripped of any conditions or exclamation marks. If you manage to achieve this state of dispassionate and undoubted decisiveness to have, your prospects of success will go up dramatically.

However, that's not quite the end of it. In one and the same gambling session you can achieve success once, twice, three times. But this cannot go on forever, because everyone is human, and no one is able to maintain a perfectly low *level of importance* for a long time. Any gambling activity is an energy credit that may unnoticeably turn into an *induced transfer* with a sad finale. Nevertheless, these issues were examined in detail in the first book on Transurfing, so we won't dwell on them here.

One might say that there is only one way to escape paying interest on the energy credit – to exit the game in time. And not just to exit, but to completely get rid of even the tiniest connection with the pendulum, to turn off the emission of thoughts on its frequency. In other words, for a period of time, you have to *switch your attention* to something else and not even think about the game. This is the only way, having stopped swinging together with the pendulum, that you can save yourself from the funnel of induced transfer. Once the connection has been completely broken, you can begin a new gambling session.

But in general, playing games with pendulums is very dangerous and can have an unpredictable outcome, because not a single person on the planet has the necessary dispassionate decisiveness to have. Basically, you're not even playing a game, but rather you are *dancing with shadows*.

A pendulum is an invisible, cold and merciless shadow. It is not conscious and does not have an intention. It doesn't have a soul or a mind, the counteraction of which gives rise to emotions, impulses and weaknesses. You will never be able to get the better of a pendulum, just as you are unable to outrun your shadow. The pendulum is dispassionately watching you blowing hot and cold, knowing that there is no escape for you. It is not possible to conquer this shadow in a struggle, and there is no point in playing with it. What should you do then?

You should either abandon the dangerous game, or start your own, with the aim of becoming some pendulum's favorite – that's what would make sense.

By trying to win over a pendulum, you are only chasing your shadow. All aspirations towards winning, and the accompanying emotional experiences, are subject to internal intention, which always blindly leads you to what is in front of your nose, without seeing any further beyond. With the aim of ending this pointless chase, you should stop, look around and start moving on your own. That's when roles will change: you will no longer pursue the pendulum, and the pendulum will start following you. Whoever abandons the narrow-minded inner intention will become the master of the game – the lead dancer in the dances with the shadows.

In order to initiate your game, you have to allow yourself to be yourself. Your game is the shaping of your own reality the way you want it to be. You can do it. All you need is to *take* this privilege for yourself. You are the only one to give away or take away your privileges. You need to realize that.

However, allowing yourself to be the lead is not all. Stars are born on their own, but pendulums are the ones to light them. Even if you are King Solomon or the creator of an absolutely stunning masterpiece, no one will ever find out unless a powerful pendulum picks you up. No matter how wonderful your creation, it won't become popular simply because of that. In culture, science and art, prominent works become the object of interest of a wide audience only if a new pendulum is created or if it is of benefit to an old one.

In order to become a star in your area of work, you have to use the qualities of a pendulum. Did it ever occur to you why works that were hugely popular back in the day are no longer a success, despite the fact that they still have their distinguishing features?

There are plenty of cultural achievements with magnificent features that could satisfy any number of modern needs. But in our time these

achievements are not popular because pendulums that shone before have almost or entirely become extinguished. Pendulums are the ones creating popularity and fashion. Otherwise, why would a large mass of people suddenly become keen on one and the same object?

Let's examine the phenomenon of fashion by using the example of two great bands such as The Beatles and ABBA. Both achieved worldwide acclaim not because they created something fundamentally new and particularly outstanding. Everything they did had already been done before them. On the contrary, other, much less famous people were the first to pioneer rock and disco music. So how do you then explain the phenomenal success of these two bands?

The start of The Beatles' career was a process of many trials and continual failure. At first, the quartet was a rather ordinary band, just one out of quite a few at the time. They didn't even know how to play well. Their professionalism never reached levels higher than playing at your local pub, where they did in fact perform. True, The Beatles were very talented, but that's not quite enough in show business. Old pendulums are always trying as best as they can to put newcomers as far away as possible.

By 1962 the band already had a set personal style and had produced songs which would soon rock the whole world. But that would happen later; meanwhile, people weren't paying any attention to The Beatles – although they had a handful of faithful fans. That year, the quartet unsuccessfully haunted the thresholds of recording companies, and kept getting rejected. It seemed that a band like that stood no chance of getting above the club level.

Hunter Davies, in the authorized Beatles biography, writes:

> And yet we continued to believe that we'd make it and become number one [George Harrison said]. When things were worse than ever and we had absolutely no opportunities in sight, we performed a special ritual. John would shout: 'Fellas, where are we headed?'
>
> We yelled back: 'Up, Johnny, to the very top!'
>
> 'To the very top of what?'
>
> 'To the very top of the top, Johnny!'

But it wasn't this determination that brought them success. In 1963 they nevertheless managed to release their first small record – a single.

Unexpectedly, it reached number one in the charts. This was their first noticeable achievement; however, no one viewed it as anything major. The press interpreted the single's success as the flash of a small short-lived star, and missed the sensation. After this record there was once again the calm of living in obscurity. But, as it turned out, it was the lull before the storm.

Half a year later, Beatlemania took England by storm, and then almost the whole world. 'Every country,' writes Hunter Davies, 'witnessed a mass psychosis that only recently was unimaginable and that would hardly ever happen again. Today no one believes it, and yet yesterday it was all true.'

Something similar repeated itself in the history of ABBA. In 1972, this brilliant quartet didn't even make it through the semifinals in order to perform at the Eurovision Song Contest. Nevertheless, in 1974 they finally managed to get through and performed at the contest, and to everyone's surprise gained a deafening victory, leaving all other contestants far behind. However, back then, no one attached much importance to this. Bands with the label 'Eurovision' on them were considered to be the flavor of the month, no more than one-hit wonders. Once again, as in the case of The Beatles, there was a temporary calm. But not even half a year passed before the world was taken over by a new, powerful wave. Only this time it was ABBA mania.

In both stories there are two clear patterns. First off, popularity develops by following a wave-like trajectory. First there is a rather continuous period of being in the shadows, during which a small but stable fan-base is formed. Then follows an unexpected rise, after which comes a period of calm, as if the wave has rushed back from the shore to gather strength. And finally, following the period where nothing happens, a great wave of success suddenly descends on the band. Popularity may stay at high levels for some time, but then the wave will inevitably die out, because new pendulums will emerge, driving former pendulums into the background.

The most interesting feature about gaining popularity is that songs that later become brilliant hits are simply not appreciated while the band is still at the first stage of being in the shadows. People listen to them, but do not pay them any attention. And then suddenly comes a moment when the same things start giving off a completely different, unusual impression of novelty and originality. The sound acquires a hint of something very stylish and hip. And somehow, everyone simultaneously manages to arrive at the unanimous conclusion that it is just awesome.

But where does this general sense of novelty and stylishness come from? After all, even back in 1962 The Beatles had a 'Beatles' sound – so

why didn't anyone take note of them? And why didn't anyone appreciate ABBA in 1972? After all, their songs were the same – why did they cause such excitement in 1975 and not at any time before or after?

This is explained by the fact that each era has its own distinctive feature, sound, hint – in a word, *charisma*. *However, a new era doesn't happen by itself – it is attracted by the intention of people, as a cloud in the space of variants. And a pendulum stabilizes this collective intention*.

First, a small group of fans is formed. Every one of them emits thoughts on the 'I like it' frequency. A pendulum is born, which unites and synchronizes the thoughts of admirers in one direction – 'We like it.' In the space of variants, which, as you know, contains everything, is a particular area of sectors that have one quality in common – 'Everyone likes this.' The collective intention of the first group of fans directs the movement of physical realization in the direction of this area. As a result, after a while, reality takes on a shade of the new era. There are more and more fans, and the pendulum grows stronger. Finally, the collective intention exceeds critical mass, and the cloud with the charisma of the new era covers the entire physical reality. This cloud, attracted by the united intention of a pendulum's adherents, is what creates the special charisma of new times.

Now that you know the mechanism behind new trends, you can go ahead, without looking back at the rest of the world, and use your rightful privilege – to be yourself. This is the only way you will be able to realize your chance and announce your unique individuality to the whole world. Pendulums cannot stand unique individuals – they will be forced to make a star out of you. Stop chasing the shadow, start moving on your own, and then pendulums will have nothing left but to start following you. You are capable of becoming the one setting the tone, because the qualities of your soul are unique, and in the space of variants an individual deluxe cloud has been prepared for you – it is waiting for you. So what are you waiting for? Announce the declaration of your intention!

Summary

The goal and meaning of any living being's life is to control its reality.

Boredom as such does not exist – there is only a constant and insatiable thirst to control reality.

Appraisals, based on comparison, give rise to polarization.

The equilibrium forces remove polarization by clashing opposites together.

An object or a quality that receives special importance attracts objects with opposite qualities.

The pendulum rule: 'Do as I do!'

The Transurfing rule: Let yourself be you, and let others be different.

Polarization is eliminated when you apply the Transurfing rule.

Awareness: Right now I am not sleeping and I am clearly aware of what I am doing, why I am doing it and why I am doing it this way and not any other.

The first pendulum rule: A pendulum strives to increase conflict energy.

The second pendulum rule: A pendulum does everything to stabilize its structure.

Pendulums coordinate the existence of organized structures.

Enslavement of will (intention): The structure teaches you to want what it needs.

In order to get rid of the structure's zombifying influence, you have to choose the part of a playing spectator.

The process of goal attaining is what drives evolution.

In a structure, man loses himself and no longer understands who he is and what he wants.

Dependence arises because the arrow of attention gets caught in a pendulum's noose of capture.

In order to 'get off the needle', you have to switch your attention, occupy it with something else, change the scenario and scenery.

The charisma of an era is attracted by the intention of a group of people in the form of a cloud from the space of variants.

When receiving any energy credit, proclaim your declaration of intention.

You cannot beat a pendulum – you have to either abandon the dangerous game, or start your own, so that you become the pendulum's favorite.

In order to start your own game, you have to let yourself be you.

II

THE DREAM OF GODS

I care about my world.

Two Aspects of Reality

From time immemorial, people have noticed that the world is of a dual nature. On the one hand, everything that happens on the material plane is more or less understandable and can be explained from the point of view of natural laws. But on the other hand, when you get to encounter phenomena from the ethereal plane, these laws no longer apply. Why hasn't it yet been possible to unite the various manifestations of reality into one knowledge system?

It is a strange picture: it is as if the world is playing hide-and-seek with human beings, not wanting to uncover its true self. Scientists no sooner discover a new law, explaining one phenomenon, than a new phenomenon suddenly emerges that defies the newly discovered law. And this hunt for the truth that is always slipping away, like a shadow, is always happening. But here's an interesting fact: the world is not only hiding its true face – it is also readily assuming the shape people give to it.

This is what happens in all branches of the natural sciences. For example, if you imagine an object of the micro-world as a particle, then there will certainly be experiments confirming that. But if you assume that it is not a particle, but an electromagnetic wave, the world won't disagree and will happily manifest itself accordingly.

Similarly, one could ask the world the question: what is the substance the world is made of? Is it matter, which has mass? And it will say yes. Or perhaps it is energy nonetheless? And again the answer will be affirmative. In a vacuum, as you know, there is a continuous process taking place: the birth and annihilation of micro-particles – energy turns into matter, and vice versa.

Again, we shouldn't ask the world what comes first – matter or consciousness. It will continue to change its masks all the time, showing us

the side we want to see. Representatives of various schools argue with each other, proving opposing viewpoints, but reality returns a dispassionate verdict: they are all, basically, right.

It turns out that the world not only slips away, but agrees with us as well; in other words, it behaves like a *mirror*. Literally all our ideas of reality are reflected in the world, no matter what they are like. But what are we getting at here – that all attempts to explain the nature of reality are in vain? After all, the world keeps agreeing with what we think about it, and yet at the same time keeps dodging a direct answer.

It is actually much simpler than that. You don't have to look for absolute truth in separate manifestations of a multifaceted reality. You just need to accept the fact that reality is similar to a *dual mirror* –it has two sides: the physical one that you can touch, and the metaphysical that is outside of our perception but is nonetheless objective. At present, science deals with what is reflected in the mirror, while esotericism tries to take a look from the other side. And that is what constitutes their argument. Still, what lies hidden on the other side of the dual mirror?

On the other side of the mirror is *the space of variants* – an information structure, where the scenarios of all possible events are kept. The number of variants is infinite, like the number of possible locations of a point on a coordination grid. Everything that was, is and will be is written there. Any event that happens to us in the real world presents a material realization of one out of a multitude of variants.

It would seem difficult to believe that that is the case. Where is this space of variants? How is such a thing even possible? From the point of view of our three-dimensional perception, it is everywhere and nowhere at the same time. Perhaps it lies outside the borders of the visible universe, or perhaps it's in your cup of coffee. In any case, it is not in the third dimension.

The paradox is that we all go there every night. Our dreams are far from an illusion in the usual sense of the word. People light-heartedly reckon their dreams to be fantasies, not even suspecting that they reflect real events that could take place in the past or the future.

It is well known that in a dream, you can see images that seem to be out of this world. And it is also perfectly clear that you couldn't have seen it anywhere in reality. If dreams are a sort of imitation of reality, generated by our brain, then where do all these unimaginable images and plots come from?

If, for the sake of convenience, we were to ascribe all conscious elements in the human psyche to the mind, and the subconscious to the soul,

then we could say that a dream is the flight of the soul in the space of variants. The mind is not imagining its dreams – it does actually see them. The soul has direct access to the field of information where all ‘scenarios and scenery’ are stored in a stationary manner, similar to the way frames are stored on a reel of film. The phenomenon of time appears only when the ‘film reel’ is moving. Your mind acts as the observer and ‘the generator of ideas’.

Memory has the same direct relationship to the space of variants. It has already been proven that the human brain is physically incapable of storing all the information that a person accumulates throughout his life. How is he then able to remember it? The thing is that the brain is not storing information as such, but rather something resembling an address to the data in the space of variants.

The mind is unable to create anything that is fundamentally new. It is only capable of assembling a new version of a house out of old bricks. All scientific discoveries and masterpieces of art are obtained by the mind from the space of variants through the medium of the soul. Clairvoyance and intuitive knowledge also come from the same place.

‘Discoveries in science,’ wrote Einstein, ‘are made in a far from a logical way. A discovery obtains a logical form only later, when you describe it. Any discovery, even the smallest one, is always an illumination. The result comes from the outside and does so in such an unexpected way, as if someone suggested it to you.’

You shouldn’t confuse the space of variants with the wellknown concept of a common information field, where data can be transferred from one object to another. The space of variants is a stationary matrix – a structure that determines everything that is and that could happen in our world.

As yet, official science is unable either to explain or confirm the existence of the space of variants. On the contrary, scientists will attempt by any means possible to discredit the Transurfing model, which is not surprising; after all, official science is a typical pendulum. Actually, science, with all its indubitable merits and achievements, is prone to brushing aside all the things that do not fit into its framework. When it encounters inexplicable things, it wriggles this way and that way, accusing its opponents of being charlatans, juggling with facts, or simply ignoring the obvious, just so that it can remain on its granite pedestal. However, there was one man, the academic Vyacheslav Bronnikov, who managed to put science in an absolutely hopeless situation, when he combined the perfectly inconceivable with something that is more than obvious.

The children who attend the International Academy of Human Development, founded by Bronnikov, demonstrate abilities that are truly extraordinary. They are able to see with their eyes closed just as well as with their eyes open, they are able to memorize huge amounts of data, and they have the gift of clairvoyance and can see faraway objects as if through a telescope. It's hard to believe, but the fact remains – they can look through a wall as if it wasn't even there. How do they manage to do this?

This is how neurophysiologists, researching the effect of direct vision, describe their observations:

> With regular sight, the apparatus fixates the signal's place of entry, its movement in the brain and its processing. With direct vision, the signal's place of entry is not registered, the signal's movement in the brain is absent, but our devices clearly detect the processing of the signal. All our attempts to block the entry of the signal into the brain yield negative results. We are discovering something that, with its physical parameters, manifests features that are unrelated to electromagnetic processes.

It turns out that our brain is able to see on its own, without the medium of the visual apparatus. Moreover, it is not known how information is being received. How should we understand all this? Bronnikov explains this phenomenon by suggesting there is a connection between human consciousness and what he calls 'super-consciousness'. 'Super-consciousness,' he writes, 'is something that is external to man, an environment of a kind.' You have probably already figured out that, in Transurfing, this environment is called the space of variants. What does it matter what we call it, though? The essence remains the same.

The mind, or if you will, the brain, 'sees' what lies in the space of variants through the medium of the soul. Our eyes observe the physical reality. In direct vision, the brain connects to the metaphysical field of information, where the entire mold of the surrounding is stored, quite literally. Having gained access to this database, you could examine objects regardless of their location – behind a wall, underground or many miles away.

In the space of variants, there are areas that have been manifested in reality and others that have not. In order to achieve direct vision, you have to learn to specifically perceive the current realized sector. From the physiological point of view, this could be interpreted as a special synchronization pattern of the two hemispheres of the brain. Bronnikov developed a whole system of special (and, at the same time, very simple) exercises, allowing any ordinary person to develop these abilities. If you like, you can find information on the subject on the Internet and give it a go yourself. It is all quite feasible.

Information about all possible alternatives of the past and the future is also stored in the space of variants, and that means that access to the space of variants makes you clairvoyant too. The only problem is that there is an infinite amount of variants; therefore you may also see events that will never get realized. That is the reason why clairvoyants often make erroneous predictions. After all, you may get to see something that never took place, and things that will never happen.

In this respect you don't have to worry – no one knows your future, because no one is able to determine what variant will actually become realized. Just as there is no guarantee that you saw the space sector that will be manifested in reality.

This is great! Since the future hasn't been fatally predetermined, we can continue to hope for the best. The aim of Transurfing is not to look back at the past with regret or look forward into the future with fear, but to intentionally shape our reality.

Under certain circumstances, the energy of human thought is able to materialize one or the other sector in the space of variants. In the state which in Transurfing is called *the unity of soul and mind*, an incomprehensible magic power is born – *external intention* – and that is what makes a potential opportunity reality. Everything that is commonly ascribed to magic is directly related to external intention. With the help of this power, ancient magicians erected Egyptian pyramids and performed other similar miracles.

This intention is described as external because it is external to human beings, and is therefore not subject to the human mind. However, you can get access to it when you are in a certain state. If you submit this massive power to your will, you can do incredible things. However, modern people have long lost the abilities possessed by citizens of ancient civilizations, such as Atlantis. Fragments of ancient Knowledge have come through to our day in

the shape of scattered esoteric teachings and practices. Using this knowledge in everyday life is rather difficult.

Nevertheless, the situation is not as hopeless as it seems. Transurfing offers indirect methods – a bypass route – with the help of which you can nevertheless make external intention work. As a human being, you are capable of shaping your reality. But in order to accomplish this, you need to follow certain rules. Your ordinary mind tries unsuccessfully to manipulate the reflection in the mirror, when you actually have to change the original image itself. The image in this case is the direction and the nature of your thoughts. In order to make your wishes come true, simply having a wish is not enough. You have to know how to handle the dual mirror. And you are going to learn how to do it.

However, you'll have to thoroughly undermine the monolith of so-called 'common sense' – although there is actually very little that is sensible about it. If you can accept the simultaneous existence of two sides of reality – physical and metaphysical – old stereotypes will collapse, and the image of the world will instead become more and more clear. Dualism is an integral part of our reality. For example, the soul belongs to the space of variants, while the mind belongs to the material world. Internal intention deals with material reality, while external intention deals with the virtual sectors in the space of variants.

When these two aspects of reality come together on the mirror surface, we get phenomena that are usually labeled 'paranormal' or are yet to be explained. An obvious example of two images coming together is the wave–particle dualism, when a micro-object behaves either as a wave or a particle. The birth and annihilation of micro-particles in vacuum is another example of a borderline state, where reality fluctuates between the physical and the metaphysical form.

However, the most incredible example of this still has to be us – living beings who combine both the physical and the spiritual in ourselves. We live, in a sense, on the surface of a gigantic mirror, on one side of which is our material universe, with the black infinity of the space of variants on the other side.

In such a unique position, it would at any rate be short-sighted to live only within the limits of an ordinary worldview and use only one side, the physical side of reality. You are going to find out how to handle the dual mirror of the world, and then you will be able to accomplish things that

seemed impossible before. You will learn that your possibilities are only limited by your intention.

Dreaming Awake

When a potential opportunity is manifested in reality, the surface of the dual mirror shows a symmetrical image. On one side of the mirror lies the sector of the metaphysical space of variants, and on the other side lies its material manifestation. Moreover, all living beings are balancing on the edge of the mirror, because their body and mind belong to the material world, while the soul remains inseparable from the space of variants.

We all came into this life from the space of variants and that's where we shall return, like going backstage, to change our appearance and reappear on the surface of the mirror with a new look. In this theater of masks, actors return in a never-ending cycle of parts. Having played one part, the actor runs backstage for a minute, puts on a different mask and re-enters the game, having completely forgotten about things that happened to him prior to his last appearance on the stage. The actor gets so carried away with the image of his character that he loses all notion of who he actually is. But when the scales fall from his eyes, he suddenly discovers, to his amazement, that this life is far from his first.

The American psychiatry professor Ian Stevenson gathered over two and a half thousand registered cases of recalled past-life experiences, with the majority of his respondents being children. Without being hypnotized in any way, the kids described their lives in the far-removed past, in other countries.

In his books, Professor Stevenson provides extremely interesting facts. There is a particularly characteristic story of twin brothers, who communicated with each other in an unintelligible language. At first, everyone thought that it was just childish babble, until the two children turned three years old and their parents finally realized that something wasn't right. The brothers were taken to see linguists, and these experts discovered, to everyone's surprise, that the language the twins were speaking was Old Aramaic. This language was widely used at the time of Christ, but is not spoken in the modern world.

Another example was a Yugoslavian girl who got sick and remained unconscious for a while. When she woke up, she no longer recognized the people around her and started speaking in a foreign language. Experts identified the language as one of several Bengali dialects. The Yugoslavian

girl asked to be taken to her home, to India. When the scientists took the girl to the town of her choice, she recognized her house, though it later turned out that her parents and 'herself' were long gone.

There are plenty more stories like that. But adults too report similar experiences. A 27-year-old woman, while on a trip to Germany with her husband, discovered to her surprise that she knew the places they visited, as if she had lived there before, even though it was her first visit. She also saw her house and recalled the names of her parents and brothers. At the local pub the woman recognized a very old man, who knew her family and told her about the tragic day when a horse had kicked up one of its hoofs and killed the little girl from that family. The woman immediately added all kinds of details to his story.

Andrzej Donimirski, in his book *Do We Only Live Once?* , described the experiments conducted by an English psychiatrist, Arnold Bloxham, who used hypnosis to make his patients go back to their former lives. One of his patients provided a detailed account of six of her former incarnations. In the first, she was the wife of a tutor to a Roman alderman, then the wife of a Jewish usurer; following that, she was a housemaid at a merchant's house in Paris. She was also a dame at the court of the Spanish Infante at Castile, a seamstress in London, and a nun in an American state. And all this in the span of two millennia. Historians did a thorough check of the dates and events – everything was confirmed.

If one considers all these facts together, then there can be almost no doubt that reincarnation does take place. There is only one problem: why do memories of former lives appear only in rare cases and in a relatively small number of people? It mostly happens at an early age, and with time such recollections become erased from the memory altogether.

In truth, memories do not get erased; rather it is our awareness that becomes blocked. Everyone is able to recall their past incarnation if they wake up in this life, which is much like having a dream while sleeping awake. It is well known that up until the age of four, a child is unable to distinguish dreams from reality. Perhaps the child does in fact remember his former lives, but he doesn't get the opportunity to become aware of this knowledge, because a 'sensible' perception of the world is being actively forced upon him.

Also, nobody can remember himself before the age of four. Why do you think that is? Because the child is 'mindless' and is not yet conscious of himself? Surely, that's one of the greatest common delusions. In truth, the

levels of consciousness in children are much higher than in adults. So, it is quite the contrary – the adults are the ones who have submerged themselves in the dreams they're having while sleeping awake, and that is why they cannot remember their former lives nor themselves at an early age. Let's see how this happens.

Reborn in a new body, the soul is moved to the background, while the mind takes up a dominating position. And what is the human mind? From the moment of birth it is a blank slate, where you can write anything you want. From the very beginning of life, a template is put on the slate, and it is in accordance with this template that a person perceives himself and the reality around him. And the more specific and detailed the template, the greater the gap between the soul and mind. *A human being becomes aware of reality in the way he or she has been taught*.

Consciousness can be divided into two levels: the first is attention; and the second is perception. Right after birth, perception is still unclouded. The child has great potential towards intuitive knowledge and clairvoyance. In other words, he has direct access to the information from the space of variants and perceives the world the way it is.

However, 'dreaming' adults immediately take the newborn in hand and squeeze him into the narrow dream-frame which they take to be conscious existence. This is done by limiting his freedom and by fixating his attention. The child is forced to focus his attention on the attributes of physical reality: 'Look at this! Listen to me! Don't do that! Do this!' Once attention has been captured, the scope of perception is dramatically narrowed, consciousness is lost, and the individual becomes immersed in a state that is not much different from an unconscious dream.

In reality, if your attention is focused on a narrow range of things, you are walking around as if your gaze was glued to the ground, and naturally, you are unable to have a look around. The worldview template, in turn, puts you in the Procrustean bed of stereotypes, determining 'how it all should be'. In an unconscious dream, such a fixation of attention and perception is at a maximum level. You accept the situation as it is, assuming that you are completely incapable of influencing the turn of events. As a result, you are entirely at the mercy of circumstances, the dream 'happens' to you, and you cannot do anything about it. The scenario develops spontaneously, in accordance with your fears and expectations. Expectations and thoughts flow uncontrollably.

In a conscious dream, the level of consciousness is already higher; as you dream, you can use your willpower to influence the turn of events. As soon as you get your head around the fact that it is just a dream, you start developing incredible abilities. There is nothing that cannot be done in a conscious dream – you can control events and do the most inconceivable things, like flying. And all this because your attention and perception have become free of fixation – as if you have raised your head, looked around and become aware of your situation.

When you are awake, as odd as it may sound, the level of consciousness becomes lowered once again. Your thoughts are mostly flying around at random. Jumping from one topic to another. Things that concern, worry or annoy you, are usually the things that have your consciousness under full control and are constantly gnawing at you, to varying degrees. The train of these thoughts is difficult to control. The worst expectations and negative reactions shape your reality regardless of your will. Perception and attention are fixated by problems, pressing thoughts, circumstances. As a result, you become submerged in your problems, like in a dream you have while sleeping awake. That is how you become a ‘grownup’.

A mature individual considers children to be unintelligent because children do not fit into his dream. Of course, you have to teach children how to exist in this new environment. But then there is the inevitable paradox: the better you learn the rules of conduct within the narrow limits of the physical world, the more your level of consciousness decreases, which brings about the loss of ability to influence events and perceive the metaphysical side of reality.

Grownups have become prisoners of their own games, and consequently they have also become prisoners of circumstances, the moment they started treating them seriously and immersing themselves into problems. In contrast, a child is the sole master of his game. His consciousness level is higher because he is always aware of the fact that it is just a game. His importance levels are low, because he understands that it is just a game. And he acts detached, observing the game as a spectator while he’s playing, because once again, he is aware of the fact that it is just a game.

For the grownups, playing games is over; life is a serious thing. This is true on the one hand, but on the other, such an attitude turns existence into an unconscious dream you have while sleeping awake. An adult person is of course aware of the fact that he is awake right now and not asleep. But does that change anything? After all, wishes are not fulfilled, dreams do not come

true – indeed worst expectations are realized, as if in spite. Life goes on at random, and not the way you want it to. And that is why you are a master of your reality in a conscious dream, but if you're having a dream while sleeping awake, you are helpless. Everything is relative.

The ability to control dreams develops as a result of you becoming aware of yourself in the dream relative to actual reality. In this stage of consciousness, you have a support point – reality, where you can return after waking up. Reality, in turn, is similar to an unconscious dream you have while sleeping awake – life 'happens'. You do not remember your past lives and do not have a support point, relative to which you could progress to the next level of consciousness.

In a conscious dream you remember who you really are. You are the one having a dream. You realize that should you wake up, everything you are seeing would disappear. But you could stay in the dream and use your intention to direct its course. While you remain unaware of the fact that you are having a dream and do not remember your support point, you are entirely in the power of the dream. You are dependent on circumstances and remain in the case of conditionality.

Reality differs from a dream in that you always return to it. In order to determine whether what you experience is a dream or reality, you have to determine your point of reference, since both dreams and reality are relative. Dreams are unreal relative to reality. And what is reality unreal relative to? Where is the point of reference of reality?

When you die, you go back to this initial point of reference. But each time you are born, you forget about this point of departure and immerse yourself in a new dream – in another life. If you had managed to remember who you really are, you would have realized that you can control this dream of yours that is your life. This is extremely difficult to do. The difficulty is that you would have to replace the template of your worldview. This is a sort of stencil that has been rubber-stamped in your mind, and there is no way to erase or change it. You can only create a new, additional one, and to do that you have to first free your mind, tear your mind off the former template. The mind tears itself off its template when it is in an altered state, which happens when you sleep or use psychotropic agents.

In a normal state of consciousness, the soul and mind are synchronously tuned into a manifested sector in the space of variants. The mind observes material reality, as if looking out the window. In a state of alcohol-or drug-related intoxication the mind lets go off its control, the synchrony is

disrupted, and the soul deviates to an unrealized area in the space of variants. As a result, while still in the real world, the individual perceives it in a completely different way, depending on the degree of deviation.

Simply speaking, a drunken person can find that his own familiar house or his street look unusual, the way it often happens in dreams. His mind views the image from nearby unrealized sectors of space, where the scenery is already different. And there can be all kinds of things in those sectors. For example, the man might be struggling to find the door because he cannot see it in its usual place. The surroundings may look a total mess, as if the place was undergoing major repairs, so recognizing it would be practically impossible. Familiar people may also look completely different. In reality, everything is just the way it was, but the drunken man sees the unreal scenery because his perception is 'looking' at the other area in the space of variants.

In an unconscious dream, the mind's control is weakened even further. That is why it sometimes happens that the soul flies off to rather remote sectors, where it finds unimaginable scenarios and scenery. Everything is possible there – starting with a cloudy heaven and ending with such a hell that the familiar inferno with demons and cauldrons would seem like a day spa. The person having the dream might find himself in an anthropogenic world, filled with huge clanking machinery. Or he could end up in a world reminiscent of a slaughterhouse, where there is only dirt and piles of raw meat and nothing else. You could find yourself in an unknown city, where the only thing to do is to wander the unfamiliar streets in desperation, without a clue as to how you got there and where you should go. The people in such areas may be ugly and crazy, and the animals rabid.

When you wake up after a dream like that, you experience a sense of relief unlike any other: 'Thank God it's only a dream!' Yes, it is a dream, but it is not an illusion in its ordinary sense, but an unrealized metaphysical reality. And the most horrifying thing about it is that all these virtual characters can see the dreamer and can do anything they want to him, in accordance with his fears and expectations. God forbid that anyone should get stuck in a reality like that!

Cosmonauts, by the way, when they are in orbit, have quite unearthly dreams. For example, Gennady Strekalov writes in his published diaries: 'I had very strange dreams. Sometimes you become filled with wonder – there isn't any motivation or a connection of any kind. Apparently, the brain, as a super complex computer, malfunctions from exhaustion, or information enters it from the outside, from the world's information field, where

everything is recorded and is stored forever.' Evidently, after such dreams, which couldn't possibly have arisen within the limits of the ordinary human consciousness, this cosmonaut wouldn't be surprised to learn about Transurfing's postulate about the existence of the space of variations.

The model of human perception is well explained in books by Carlos Castaneda and Theun Mares. They describe how the Toltec pictured it – these were the last people to originate from Atlantis. According to their teachings, a human being is encapsulated in a glowing energy cocoon, consisting of lots of filaments. Somewhere in the area between the shoulder blades, all the filaments come together into one single focus called the 'assemblage point'. The position of the assemblage point determines the orientation of your perception.

If we combine this model with the Transurfing idea, we find that when the assemblage point is in its normal position, a person perceives ordinary reality. In such a position the realized reality matches the corresponding sector in the space of variants. If, however, the point shifts to the side, then the synchrony is disrupted and he or she may perceive unrealized areas. The assemblage point in ordinary people is firmly fixed. If, for some reason, the fixation becomes disrupted, and the point starts 'wandering', the individual develops the ability of foresight. And then, of course, the shift of the assemblage point is what determines the nature of our dreams. It's important to make this perception focus not only shift to the side, but also return to its original position. In the worst case scenario, if it locks in an unnatural position, your mind will undergo changes that in this reality will correspond to going insane.

If you know how to intentionally shift your assemblage point, you are able to control reality in the same way as you can control a conscious dream. This ability will develop by itself, if you bring back the support point relative to reality, that is, if you realize who you really are. This is a difficult task. Those famous individuals who reached enlightenment are few in number – you could count them on the fingers of one hand. Enlightenment could be likened to being in a strange city for the first time, unsuccessfully wandering the narrow, winding streets, and then soaring up to the skies; from a bird's-eye view, you see the entire landscape spread before your eyes, and the way to your destination becomes apparent.

Transurfing won't lift you to the height of a bird's-eye view, but it shows you a route along which you can move, even with your eyes closed. To wake up in your dream, you need a point of reference. You realize that it is a dream

when you remember that there is a different reality – the real one. Acting as a point of reference could be the knowledge that in life you can go up, if not a full step, then at least half a consciousness step – and that is already quite a lot.

There you are walking along the street, or talking to somebody, or doing chores. Wake up! Have a look around, take a sober look at what's going on. You have the ability to use your intention to point your world in the right direction. You can control your reality. It won't be anything like the things that happen to you in a dream, when the plot is very flexible and changes, submitting to the tiniest movement of your will. Physical manifestation is inert, like tar, but it too can be manipulated, if you apply the principles of Transurfing. And the first thing you need to do is wake up.

Become conscious of reality as if it is a dream you are having. Only in a conscious dream are you able to really control the situation. When you are sleeping awake, you are not controlling the situation, but fighting pendulums instead. *Come down to the auditorium and watch. Act detached, by renting yourself out and remaining the observer*.

In order to maintain the level of consciousness, you have to constantly control the direction of your thoughts. Once this becomes a habit, it will happen automatically, without any effort. After all, having woken up in your dream, you no longer need to apply effort to maintain your awareness that it is all just a dream. In just the same way, when you are awake, you can also learn to control the direction of your thoughts. But to do this, you will at first have to systematically keep forcing yourself to 'wake up', in order for it to turn into a habit.

When you remember in real life that you need to act detached, you become conscious, that is, you come off the stage and go down to the auditorium, or you stay onstage as a playing spectator. And this is what constitutes that half a step of consciousness, which is enough to enable you to implement the other principles of Transurfing, the most important of which, as you may have learned from one of my previous books, are the *lowering of importance levels, moving along the flow of variants, and coordination*. These principles make it possible for you to move along the labyrinth of life situations, even with your eyes closed, avoiding all kinds of trouble. And further on in this discussion, you will become acquainted with another powerful tool to control reality – the dual mirror.

To conclude the present topic, there is one more question we could ask: if, somewhere in the space of variants, there is a support point before you are

reborn in another life, relative to which our reality can be considered a dream, then what marks the beginning of this point of origin? Evidently, God Almighty Himself. *The soul of any living being is part of God. And any life is His dream*. You could go on to ask: does God have a support point?

Let those who nourish hopes rack their brains over this question. One might just as well ask the question: is there anything beyond the visible universe? We don't know, in the same way as butterflies collecting nectar in Africa never find out that America also exists and that flowers are growing there too. Isn't this world glorious enough? Why demand that it give us an explanation for everything? We can simply enjoy the nectar of the flowers in our reach.

Children of God

Since ancient times, there has been the firmly established common habit of ascribing only positive traits to god-abiding citizens, while accusing ungodly people of all kinds of sins. Rather, it was the devout citizens themselves that created this stereotype, and they did so for themselves and at the same time for everyone else, as a sort of presumption of their innocence. And this despite the fact that horrendous crimes have been committed and continue to be committed in the name of God, based on the goal that would supposedly please God – the persecution of dissidents. But in reality, faith does not make a person righteous.

How then do the followers of religion get so confident in their own infallibility or, rather, righteousness, that even atheists are prone to respectfully agreeing that that is the case? They say, 'We believe, go to church, pray, therefore we are the heart of everything moral and pure, but you are atheists, meaning that you wallow in sin. We are right, and you are wrong.'

The source of this confidence is the support point which people get from the pendulum of religion. You've got everything here: confidence in the mercy of God, forgiving sins and getting rid of guilt through repentance, and belief in the kingdom of God, as well as the hope that God will help you, and the feeling of unity with brothers in faith. Atheists, in this sense, have a much tougher time – they've only got their own abilities to count on, and there is nothing they can do about their guilt.

But why does a person who initially considers himself righteous strive towards God? In many cases it is far from love towards the Almighty that

brings the faithful to Him, but rather feelings of fear and insecurity. There are people who think they have turned to God with all their soul, but that is an illusion. In truth, they are trying to escape their ego. There is nothing wrong with your ego, and it doesn't bother you until it becomes offended. The ego arises from dependence relationships, when a person compares himself to others and learns that he is far from perfect.

The ego's only goal is to confirm its own significance. If the ego does not get this confirmation, it gets offended, and the individual experiences emotional discomfort, which he tries to get rid of. How do you do that? If things are not improving with any great significance, then there are only two other ways: either let go of the reins, so that ego can dart away, or suffocate the ego altogether. Those who choose the first option turn into egoists, and those who choose the second option become altruists.

Quite often, with the aim of escaping the discomfort of being alone, in a last-ditch attempt, the ego starts denying itself. It proclaims that loving yourself is bad; you've got to love others. A person turns away from his soul and turns to God, and to other people, in order to dedicate his life to anyone or anything, just so he can get support. Or it can sometimes be the other way round: the ego becomes aggressive, and that's when you get criminals, scum, and cynics. This way, both religiously spiritual, as well as fallen individuals, are the product of the ego, only with opposite polarities.

You may think that, having turned to God, you will get rid of your ego. But the paradox is that it is the ego pushing you towards Him. In fact God is not outside you, but inside you! A tiny part of God is in every living being, and that is how He rules the whole world. The ego worships an abstract symbol, but it is actually turning away from its soul, that is, from the true God. Christ, Muhammad, Buddha, Krishna – they are all the highest manifestations of God. An ordinary human being is perhaps not the highest, but is still the same manifestation. It turns out that one manifestation is worshipping another! Who needs that?

Striving towards God, with the aim of getting rid of your ego, is the path of internal importance. Internal importance develops only when you turn yourself over to be judged by others. Returning to yourself without looking at others is the true path to God. If I rid myself of the necessity to look around at others, then I am self-sufficient, and my ego ceases to exist, and there is only the integral personality left. Do not listen to those who urge you to change and mold yourself to something that will correspond to certain standards. They force you to cheat on yourself – to turn away from your soul

and follow the pendulum rule: ‘Do as I do!’ Turn back to yourself, accept yourself the way you are, allow yourself to be you, claim your right to be right. Dedicating yourself to serving an abstract God is turning away from your soul. That is nothing else than adherence to the pendulum of religion.

Such is the theosophy of Transurfing, and no one is forcing it on anyone. I am not proclaiming absolute truths; I’m just trying to uncover certain regularities. Everyone is free to draw their own conclusions.

Of course, religious figures don’t like arguments of this kind. However, even among them, there are different kinds of people, with different convictions. Zealous adherents of the pendulum of religion are distinguished by the spiteful way they oppose their dogmas to all others. Fortunately, the days when these adherents could burn dissidents at the stake are long gone. But conflicts on religious grounds still remain, and there will be no end to them, because no one has abolished the first pendulum law.

In essence, religion is communicating with God through middlemen. You can’t do without a priest in the rituals of baptism, wedding and burial. But then again these aren’t so obligatory. Will God not accept His child just because he didn’t manage to get baptized in time? If there is a small part of God in every one of us, aren’t we all His children? Do you need middlemen in your relationship with your father and mother? Everyone decides this issue for themselves.

Religion is particularly tough on its adherents and calls upon them to give up all external worldly pleasures. Any spiritual path is usually associated with an ascetic way of life. It is commonly assumed about enlightened people that if someone attains great progress on the path of spiritual development, then all worldly things become of no interest to that person. Do not swallow this bait. Everyone can and should be interested in their own material welfare, in their comfort and wellbeing. This idea is most likely to belong to one of the pendulums: the religious, philosophical or any other ‘spiritual’ pendulum.

Pendulums, in accordance with their second law, strive towards making adherents dedicate themselves completely to the interests of the structure. If a person has been firmly hooked, other things really do stop being of interest to him. He can even be in the power of the illusion that he is solely concerned with his soul or ‘is talking to God’. In reality, the soul of such an ‘enlightened’ individual is closed, shut in a solitary box, and cannot declare its needs.

Why did the soul come into this material world? To prepare itself for the unearthly life in heaven? That's just rubbish! If the soul came into this world from heaven regardless, then why does it need to prepare itself once again for a life in heaven? And is it even possible to accomplish this here, on Earth? This worldly life is a unique chance for the soul. That is the reason why it came here from the spiritual world, to get to know all the pleasures of the material world. There will always be time to go back to the spiritual world. What is the point of depriving one's soul of everything provided by this magnificent, wonderful and amazing world, where there are so many great temptations?

By giving yourself over to serving God, you are distancing yourself from Him. The Creator makes a myriad of realities through the medium of living beings as His live incarnations. God is able to experience all the facets of the reality He is creating. That is why He sends His children into the material world. God gave you the freedom to act as you please, so enjoy your freedom! There is no need to lock yourself in monastic cells and spend long hours praying. That is not serving God, but depriving Him of the joy that you could get from having a fully enjoyable life. It is the same as not letting a child go outside, forcing him to dedicate all his time to studying hard.

Adherents of the religion pendulums will try to convince you that you are incapable of anything, while God is all-powerful. The structure has nothing to gain from your freedom and power – it needs industrious little cogs in the machine. The pendulums have already achieved quite a lot in the process of enslaving the human will. All we can do is be amazed at how great the influence of pendulums must be, in order for the children of God to lose all notion of their power.

Human beings were initially given the power to shape their own layer of the world by means of realizing potential variants from the metaphysical space into material reality. Pendulums managed not only to take away people's awareness of their abilities, but even to distort the meaning of life itself, having replaced *serving* God with *worshipping*.

God hardly needs you to worship Him. Do you need your children to worship *you*? You would probably most like to have them as good friends. In reality, *the goal of life, and also the process of serving God itself, consists of co-creating and creating together with Him*.

Many people think that believing in God is all that is asked of them. They believe in His existence and power. And so what? After all their faith, they still don't understand God. To them, He is an abstract, inaccessible and

quite often a dismaying idol. They have been convinced that you have to worship God, follow commandments and, by leading a righteous life, prepare yourself for something that no one is really able to explain properly.

But faith is not the same as understanding. Prayer is not communicating with God. *The language of God is creation*. You can either accept or reject this statement, but arguing and debating this topic is pointless. It is not a philosophical problem; it is a matter of choice. So there is nothing more to add.

By shaping the layer of your world, your reality, you are communicating with God. When you rejoice at your creation, God rejoices with you. That is what true serving of God is all about. Believing in God is, first of all, believing in yourself, in the power of your abilities as a creator. A particle of the Creator is in every human being. So go ahead and treat your Father. To the extent that you believe in your own abilities, you believe in God and thereby realize His words: 'According to your faith you shall receive.'

The Dream Theater

As already mentioned at the beginning of this book, the primordial motive that lies at the base of the behavior of any being is the need, to some extent, to independently make decisions about its life. Any purposeful activity or process can be largely described as controlling reality. Regardless of what is going on in the life or in the existence of whatever, it ultimately all comes down to one and the same task: to bring the surrounding reality under your control, in one way or another.

And what is God preoccupied with? The answer to this question is obvious and does not require any proof. Creating and controlling reality is the goal and meaning of generally any life. The managing function of God does not give rise to doubts; the question is only how He does it.

Since the days when religion pendulums distorted the actual notion of God, everything to do with Him has been veiled in a strange and contradictory mystery. God sort of exists, and yet no one has seen Him. On the one hand, God rules the world, but on the other hand His activity is not apparent. And so this is what you get: He exists, but He does not exist; He does not exist, but He exists. This paradoxical situation allows pendulums to interpret and use the concept of God any way that benefits them.

Without going into too much detail, the main reason for the distortion of the true nature of God is a number of replacements, enabled by religions.

These turned serving God into worshipping Him, and they replaced the obviousness of His existence with blind faith. Pendulums proclaimed man to be helpless, by setting him in opposition to God's omnipotence. And they have reduced the original godly nature of man to nothing, by breaking his former unity with the Creator.

Thus, man, like a kidnapped child, has been deprived of his bond with his Parent and made to forget his true origin and purpose. As a result, he has lost any notion of his ability and power to act as a creator together with the Almighty Creator. The son of God was made to believe that he cannot be in charge of his fate, that it is his duty to honor his Father from a distance and worship Him like an idol. You, the child of God, are allegedly incapable of anything and have no rights – your whole life is in the power of a despotic Parent, who is merciful only on condition that you obey Him unconditionally, with your head bowed.

Having submitted to the influence of pendulums, human beings were dismissed from the role they deserved and were placed *in service*. We are not only talking about pendulums of religion as such. Atheism is also a kind of religion, only the other way round. Here, faith is turned into ignorance, ignorance into denial, and denial into active rejection. But regardless of your chosen worldview, the human situation remains the same: the religion pendulum gives away your fate into the hands of God, while atheism gives it into the hands of some sort of Providence or into the power of circumstances, which it is customary to fight against.

In both cases you are assigned the unenviable part of a puppet: you either pray and wait for God's mercy, or enter the battle and fight obstacles, because nothing is for free. And yet, no matter what you do, despite all your efforts, you remain in the power of pendulums and circumstances until your actions go beyond the limits of internal intention. We always get what we choose. If you think that your lot is to wander through a dense forest, then you will have to force your way through wind-fallen trees. But if you allow yourself to think that you can get up into the air, then you will soar above the forest and fly freely. No one is holding you back, apart from yourself.

But people won't be able to believe they can get everything they want just like that, no conditions attached, with the help of external intention, unless they realize and accept their godly nature. It is not easily done, because the nature of God Himself has been distorted to the limit: from Creator, He's been turned into a Ruler, demanding worship. And what does a ruler do? He plays the role of a judge, handing out justice, punishing people,

rewarding them according to their deserts, giving commands, and finally, helping and taking care of his subjects.

However, we see none of this in the real world. There is complete abuse of discretion; there is lawlessness. Righteous people suffer, while sinners do their dirty deeds unpunished. Justice 'triumphs' only in a very few cases. Requests and prayers do not yield the expected effect. And yet one would think it wouldn't cost God a thing to grant a request and to right a wrong, because He is all-powerful.

In order to explain such an obvious discrepancy, pendulum adherents try to interpret the situation in ways that would enable them to adjust the scenario to the role they have ascribed to God. They make use of all kinds of inventions and fabrications: 'Such is God's will', or 'Each man shall receive according to his works, when standing before Him.' Anyone would think people are mischievous children who have run away from their teacher and are therefore able to do all kinds of nasty things – until the moment he catches them; then he'll be sure to punish them severely.

What, then, is God's Intention, if you disregard the speculations? In order to answer this question we won't make guesses or philosophize; instead we'll just state the fact once again that the intention of every living thing, in one way or the other, comes down to controlling reality. Not the passing of judgment and justice, not making wishes and requests come true, not rewarding people for their deserts, not punishing them, not taking care of people or ruling them, but controlling reality – that is what is going on in reality.

No one can do what God doesn't want. Everything truly is under His control. Except that He controls reality not in a centralized way, by sitting on a throne, but through the medium of all living things. Can God really control the world if He is outside of it? Every being carries inside it a part of God, and therefore the intention of a separate being cannot differ from His Intention.

Having put a soul as part of Him into every living being, God granted living beings the ability to control their reality to the extent of their consciousness. All things have a consciousness to a varying degree, starting with man and ending with minerals. Of course, man is at the highest level of consciousness, but that doesn't mean that stones are not living their own life – their existence is just elapsing in another time dimension. Everything that exists in reality contributes to its control. Rivers make a way for their bed; mountains rise amid plains; deserts and forests, land and sea are constantly

fighting for territory – every one of them has a fraction of consciousness, and in their own way they are trying to control their reality. And the higher the level of consciousness, the more opportunities for control.

Let's take plants as an example. They are commonplace and at the same time mysterious. No one will deny that they are alive, but it doesn't occur to many people to consider them alive in the full sense of the word. We view plants as a soulless biological material, unable to feel or be aware of themselves and others. This is a huge misconception. Plants have their own special kind of nervous system – their cells exchange electric potentials. These marvelous beings can see, hear, feel when they are being touched, as well as taste and smell. Moreover, they can communicate with each other, remember, analyze and even worry.

The American researcher Cleve Backster conducted an experiment in which he connected a lie detector to a plant. Two people took part in the experiment: one would regularly break the plant's branches and tear its leaves, while the other would tend the plant and speak softly to it. So the plant learned to distinguish these two people. When the 'evil' person came into the room, the plant 'screamed' – the recording meter registered a spike; and when the 'nice' person came in, it calmed down. As a result of his experiments, Baxter arrived at the conviction that plants are able to detect electromagnetic vibrations and even thoughts! The experiment participant had only to think about tearing off a leaf, and the plant would immediately give off a strong reaction. Backster's research has been repeatedly replicated by other scientists – the result proved to be the same.

In one lab where such experiments were being conducted, an indoor plant displayed clear signs of the feeling we call love. A female lab assistant who used to take the encephalogram off the plant noticed how it 'purred' when she watered it and spoke to it in a soft voice. As soon as she entered the room, the plant would display great delight, but it did not react to other people at all. Imagine the researchers' surprise when the plant started displaying signs of jealousy! The moment the object of its love started flirting with a person of the opposite sex, the plant got into a state that couldn't be called anything but depressive.

And never mind just plants! Research shows that even DNA displays rudiments of primitive reaction. The emission from a DNA molecule, placed in a spectrometer, carries information not only about its structure, but also, and this is the amazing part, about 'how it feels'. When molecules feel comfortable, the emission is calm. As the spectrometer cell is heated up, they

start ‘screaming’, reacting to excess heat. When the temperature reaches a certain point, the DNA molecules are destroyed and die. But the most amazing thing is that even in an empty cell, where DNA molecules were previously destroyed, it is possible for another *forty days* to ‘hear their death screams’ – the spectrometer registers a phantom emission of dying molecules, which are no longer present physically. These results were first obtained in the mid-1980s by the Russian scientist Dr Peter Gariaev, who at the time worked at the Institute of Applied Physics at the USSR Academy of Science. One should note, however, that official science treats all these experiments, as expected, with a big dose of skepticism.

Plants cannot scream at the top of their voice and are unable to tell you about their rights, feelings and worries. But they do have a soul, and they too can suffer and feel joy. It’s just that plants, in comparison to humans, are in a deep sleep. They are like someone who is asleep, who smiles when he hears a pleasant voice through his dreams, and frowns when he hears a hostile shout. These wonderful sleepers are the origin of our life; they make our world more beautiful and provide us with everything from a cup of medicinal drink to cool shade on a hot afternoon. And on top of that, they do not bother us and do not complain.

Plants are able, even if vaguely, to feel all the things we can feel. They love us if we care about them, and seek to thank us with their fruit. But the feelings they experience when we hurt them are too embarrassing to imagine. What does a tree feel when a more evolved but heartless two-legged individual passes by and, just like that, without any reason, breaks a branch? Does the tree feel fear, pain or hurt? And is it even possible to convey the horror gripping this defenseless creature, when the two-legged being comes up to it with an axe? It is hard to imagine what horrific suffering the tree is going through, as the axe sinks its blade into the tree’s body, and life ripples slowly and inevitably away.

We shall never find out about the feelings of plants, these silent witnesses of the cruelty of man, who treats them like biological material. We can only hope that their sleep is deep enough that they do not feel suffering as acutely as the beings that are one consciousness step above them.

It can’t be helped; it’s a cruel world, and this is just how the world works – one life exists at the expense of another life. But that does not give man the moral right to think that in this world of dreamers he is the only one to have a soul and mind, and he can treat everything else with neglect.

There is a reason why, in certain cultures that haven't yet been corrupted by the civilization of pendulums, it is customary to ask forgiveness from an animal about to be killed or from a tree about to be cut. Followers of Buddhism, for example, always watch their feet so as not to crush an insect. Also, they won't trample grass in vain, if there is a trodden path nearby. Every living thing deserves respect, and in this world everyone has the same rights. And if man is not of that opinion, what would his worth be then?

In comparison to the rest of the planet's inhabitants, man is only relatively 'awake', and no more than that. After all, life is a kind of a dream. We are surrounded by an amazing world, inhabited by dreaming beings. And every one of them lives in its own dream, and at any given moment it wants and strives to have its rights, and also a goal. Every living being has its own goal. 'But why is it so? For what reason?', people will ask, having gotten it into their head that they are the pinnacle of perfection. Well, because *the process of goal achievement is what drives evolution*. Evolution is a way of creation, a way of shaping reality, chosen by God Himself.

The idea of evolution appeared rather recently. Before it emerged, people were of the opinion that the world is not subject to fundamental change and exists in the shape initially created by God. Evolution can be briefly described as a process of continuous quantitative changes, gradually turning into qualitative changes. Charles Darwin was the first to give a clear demonstration of the idea in its separate, biological aspect. The driving forces of evolution, according to Darwin, are *genetic variation and natural selection*. Variation is what initiates the formation of new traits in the structure and functions of organisms, while genetics consolidate these traits. As a result of the struggle for existence, there is the preferential survival of the fittest.

Darwin's theory is correct; however, it overlooks one key point: what determines variation? Natural selection and genetics consolidate or eliminate recurring traits as accomplished facts. But where do these facts come from – what determines their appearance? Why do species grow fins, wings, claws, fur, horns and so on, when they originally did not have any of this?

There are leaps, slowdowns, backward motions and the appearance of fundamentally new forms that, from the point of view of ordered evolution, lack explanation. For example, it has proved impossible to establish the chain of origin and development of visual organs. Where did we get vision from and how did it come to be? It is, after all, a qualitative leap, a fundamental change that couldn't have happened out of pure coincidence. And that is not

to mention the origin of life as such: it turns out, apparently, that once upon a time there 'accidentally' appeared a genetic code of life!

There follows an obvious conclusion from the Transurfing model: *variation is shaped by intention*. Every living being shapes its own layer of the world, itself included. The drive to control reality is tied to the goal of doing it in the best way possible, and for this to happen you need to change and adapt to the surrounding environment accordingly. The intention of every living thing, starting with unicellular organisms and ending with man, could be characterized with one common formula: *I try to act this way and be this way in order to effectively control reality*. This is the intention that materializes the corresponding sectors in the space of variants, as a result of which, new traits are formed.

For example, it is a known fact that ancient birds had claws on their wings, enabling them to climb trees. It's quite likely that before they learned how to fly, they had to climb up a tree, take off and try to glide down. Controlling reality in the following fashion: 'I climb trees', is not particularly effective. It would be a good thing to add one more function: 'I can glide down.' But this would be even better: 'I fly freely.' The intention to fly freely gradually manifests new variants, one better than the other. Consequently, over a long period of time, and after a change of many generations, sectors are materialized where wings get an increasingly perfect form.

In evolution, along with creative processes there are also destructive processes. Both of the two pendulum laws are at work here. Pendulums have both a destructive and a stabilizing function in evolution. Their never-ending battle leads to the ousting of one species by another or to their complete extinction. But on the other hand, pendulums synchronize the intention of separate living beings. Otherwise, how would the same traits develop in a population that inhabits a wide living space?

The combination of internal and external factors, which in this case is the drive of individual beings combined with pendulum activity, accounts for all the development in the material world. Hence, *God creates reality and controls it through the intention of everything in existence*. Together with the soul, He inserted a part of His Intention into every living being and sent us into the dream that is life.

Our world is a dream theater, where God acts as the audience, scriptwriter, director and actor at the same time. Being the audience, He watches the play that is taking place on the stage of the world. Being an actor, He experiences and feels all the things felt by the being whose part is being

played. Apparently, that is the goal of God – to experience everything possible, in this bright dream kaleidoscope. But why are there so many misfortunes, why so much injustice in the play? Why does He allow it? And what about pendulums – the universal evil – do they exist with His consent?

There are no answers to these questions. Only God knows His Intention. We can only state this fact: as the director and the scriptwriter, He gives the play the opportunity to run its course, according to the intention of all its participants. Everyone makes their own contribution to the shaping of reality, as a result of which we get the overall picture – God's dream, woven out of a great number of dreams – His separate manifestations, which are the lives of all beings.

But the questions we cannot answer do not actually matter. There is only one conclusion that is of importance that follows from all that has been said above: *God gave the freedom and power to every living being to shape its reality to the extent of its consciousness*. Depending on the level of consciousness, life turns either into an unconscious dream, where the dreamer is helpless and in the power of circumstances, or into a conscious dream that he or she can control and direct with the power of intention.

Everyone has freedom of choice; it is just that hardly anyone makes use of this privilege. After all, why has the process of evolution been going on for so long, if intention is able to realize the necessary sector in the space of variants? Because practically all living beings are not using their intention consciously and in a goal-directed manner. Being in an unconscious dream, it is as if they have a vague idea of what they want, but do not have a clear understanding of what it is. Intention becomes blurred, unclear and unaccountable.

In this sense, man hasn't progressed any further than animals. As already mentioned, pendulums took away not only man's ability to control reality with the power of mind, but even the actual knowledge that such a thing is possible. Having been drawn into destructive pendulum games, man is only making do with the counter-effect of external intention, getting the realization of his negative attitude and worst expectations. As with everything else, he has to go through a lot of effort to achieve his goals only within the framework of internal intention.

And yet you, as a human being, have a rather high level of consciousness and are able to break this cycle and turn your life into a conscious dream, where reality not only submits to direct manipulation, but where you can use your free will to control it. If a tiny part of God is in every

one of us, then our intention is God's intention. By shaping our reality with the power of intention, we are doing God's Will. *If you declare an intention, consider it God's intention. How can you doubt that it will get fulfilled?* And all you need to do is simply take up this right.

Not asking, demanding or pressing for anything, but creating. Shape your reality with the help of conscious intention. Can you imagine God requesting something from Himself? Is there anyone in existence whom God can ask for something for Himself? He'll take whatever He wants anyway.

When you pray to God, it is the same as God praying to Himself. When you ask of God, it is the same as God asking of Himself. Or you could understand it the other way round: you pray to yourself and you ask of yourself.

If your intention is God's intention then whose are your fears and doubts? They too are His. He gave you freedom of choice. You have the will to choose whatever you want. If you choose a tough path, you achieve your goal with difficulty, overcoming all kinds of obstacles. How could it be any different? After all, you are convinced that nothing happens just like that, and so you get what you believe.

But is God so helpless that He has to put in a lot of effort? There is no need for Him to waste His strength on struggling with an unyielding reality. He is capable of shaping a new reality anyway He wants. Human beings are capable of the same thing, if they get their head around the fact that it is possible. Then why don't you wake up in the dream and use your former privilege? If you are ready, then everything else is just a matter of technique. In my next book you will learn how to do it.

Summary

The world is a dual mirror, on the one side of which is material reality, and on the other the metaphysical space of variants.

A human being is conscious of reality in the way he or she was taught to be.

Life is like an unconscious dream you are having while sleeping awake, because you do not have a point of support relative to reality.

Go down to the auditorium and observe. Act detached, by renting yourself out and remaining an observer.

Lowering importance levels, moving along the flow of variants, and coordination enable you to move blindly, while dreaming awake.

The life of every living being is a dream God is having.

The meaning of life and serving God consists of creating together with Him.

The process of goal achievement is the driver of evolution.

The variability of species in the process of evolution is shaped by intention.

God creates reality and controls it through the intention of all things in existence.

God gave every living being the freedom and power to shape its reality to the extent of its consciousness.

If you express an intention, consider it God's intention. How can you doubt that it will come true?

Not asking, demanding or pressing for anything, but creating.

GLOSSARY

Importance

Importance occurs when something is given excessively large significance. It is an excess potential in its pure form, during the elimination of which the equilibrium forces create problems for the individual responsible for creating the potential. There are two kinds of importance: internal and external. Internal or personal importance is manifested as an overestimation of one's virtues or shortcomings. The formula of internal importance goes like this: 'I am an important person', or 'I am doing important work.' When the arrow of importance goes off the scale, equilibrium forces go to work – and 'the hot shot' gets a flick on the nose. Those who 'do important work' are also in for a disappointment: their work will either be of no use to anyone, or will be done very badly. There is also a reverse side to it, namely belittling of one's virtues, self-abasement. The magnitude of excess potential in both cases is the same; the difference is only in polarity.

External importance is also artificially created by a person when he attaches too great a significance to an object or an event in the world. This is the formula of external importance: 'This is of large significance to me', or 'It is very important that I do this'. An excess potential is created and the whole thing will go to ruin. Imagine that you need to go across a log that is lying on the ground. Piece of cake! And now you have to walk across the same log, only this time it has been placed between the roofs of two skyscrapers. Walking across the log without falling is of great importance to you, and you won't be able to convince yourself otherwise.

Wave of Fortune

The wave of fortune is formed as an assemblage of life lines that are favorable to you. The space of variants contains all things, including these gold veins. If you find yourself on the outer line of such an irregularity and get lucky, you can glide, under inertia, onto the other lines of assemblage, where new fortunate circumstances will follow. But if after the first success

you once again strike a bad patch, then you have been hooked by a destructive pendulum, which has taken you away from the wave of fortune.

Choice

Transurfing offers a fundamentally different approach to achieving your goals. You make a *choice*, just the way you would place an order at a restaurant, without giving a second thought to the means used to fulfill your order. Your *wishes* won't come true. But your *choice* is an immutable law, and it will inevitably be realized. What choice-making is all about would be impossible to explain in a few words. The whole of Transurfing is about what choice is and how to make it.

The Unity of the Soul and Mind

The mind has a will, but is unable to control external intention. The soul is able to sense its identity with the external intention, but does not have a will. It flies around in the space of variations, like an uncontrollable kite. In order to submit external intention to your will, you have to achieve *the unity of the soul and mind*. This is the state in which the feelings of the soul and the mind's thoughts are all of a piece. For example, when you are filled with joyful inspiration, your soul 'sings', while your mind 'rubs its hands with satisfaction'. In this state you are able to create. But it does also happen that your soul and mind find unity in anxiety, fear and denial, and as a result, your worst expectations come true. Finally, if the rational mind is saying the same thing over and over again, while the heart resists, it means that the soul and mind are in discord.

The Riddle of the Watcher

'Everyone is able to obtain the freedom to choose anything they want. How do you get this freedom?'

People don't know that they can simply get what they want, instead of putting a lot of effort into achieving the same thing. It sounds completely implausible, but nevertheless that really is the way it is. You will learn the answer to this riddle only when you have read the whole of *Reality*

Transurfing until the end. Do not try going straight for the last chapter, because you won't understand the answer.

Signs

Guiding signs are those that indicate an upcoming turn in the flow of variants. If there is something approaching that could significantly influence the turn of events, there will be a sign signaling this. When the flow of variants makes a turn, you cross over onto a different life line. Every line is more or less uniform in its traits. A stream in the flow of variations can cross various lines. Life lines differ from each other by parameters. The changes may be insignificant but the difference is still noticeable. And it is this qualitative difference that you perceive consciously or subconsciously – as if something wasn't quite right.

Guiding signs appear only when there is an initiated transfer onto other life lines. You may not notice separate phenomena. For example, a crow cawed, but you didn't notice. You did not feel a qualitative difference, so you are still on the same line. But if there was something about the phenomena that put you on alert, then it must be a sign. A sign differs from an ordinary phenomenon in that it always signals an initiated transfer onto a considerably different life line.

Excess Potential

Excess potential is a tension, a local disturbance in a uniform energetic field. Such an irregularity is created by thought energy, when great importance is attached to an object. For example, a wish is an excess potential because it strives to attract the desired object to a different place than where it is actually located. The wearisome desire to have what you do not have creates a 'pressure drop' in energy, which gives rise to the wind of equilibrium forces. Other examples of excess potentials: discontent, condemnation, admiration, worship, idealization, overestimation, contempt, vanity, feelings of superiority, guilt, inferiority.

Induced Transfer

Catastrophes, natural disasters, armed conflicts, economic crises all develop in a spiral. First, there is the initiation of conflict, then the unwinding – tensions rise more and more, then there is a culmination point, with emotions raging wild and, finally, a resolution – all the energy generated by the conflict is dispersed in space, and there is a temporary calm. A whirlpool works in a similar way.

The attention of a group of people gets caught in a *pendulum's noose of capture*. The pendulum starts swinging with increased power, carrying disastrous life lines along with it. You respond to the first push made by a pendulum – for example, you react to a negative event, take part in the initiation of the conflict and find yourself in the effective area of the spiral, which unwinds and draws you in, like a funnel.

The phenomenon of getting drawn into a funnel is identified as an induced transfer onto a life line, where a person becomes a victim. His response to a pendulum's push and the subsequent mutual replenishment of vibration energy induces a transfer onto a life line that is close to the pendulum's frequency of vibration. As a result, the negative event becomes part of this person's world layer.

Coordination of Importance

Do not attach excessively great importance to *anything*. You are not the one who needs this importance; pendulums do. Pendulums control people, like puppets, with the help of *the strings of importance*. People are afraid to let go of the strings of importance because they are in the power of dependence, which creates an illusion of support and confidence. Confidence is equal to the same excess potential as that of lack of confidence, only with a reverse sign next to it. Consciousness and intention allow you to ignore the pendulum game and get what is yours without a struggle. And when there is freedom without struggle, confidence is no longer necessary. If I am free from importance, I have nothing to defend and nothing to conquer – I just go ahead and calmly choose what I want.

In order to free yourself from pendulums, you have to abandon internal and external importance. Problems and obstacles on your way to reaching a goal also arise as a result of excess importance potentials. Obstacles are held up by a foundation of importance. If you intentionally drop the level of importance, obstacles will collapse by themselves.

Coordination of Intention

The realization of the worst expectations in the lives of people prone to negativism confirms that human beings are able to influence the course of events in their life. Every event on a life line has two *branches* – one favorable and one unfavorable. Each time you encounter an event, you make a choice about how to treat it. If you view an event as positive, you move onto the favorable branch of your life line. However, the tendency towards being negative makes us complain and choose the unfavorable branch.

As soon as something starts bothering you, a new misfortune follows. And so this is how you get the notion that 'misfortunes never come alone'. But the train of misfortunes does not follow the original problem, but your attitude towards it. This regularity is shaped by your choice, which you make at the embranchment. By analyzing the level of your tendency towards being negative, you can get an idea of where such a series of negative branches has taken you during your life.

The principle of coordination of intention goes like this: *If you intend to view the seemingly negative change in the scenario as positive, then that is exactly what will happen*. By following this principle, you will be able to achieve the same success in the positive, as negative people achieve in their worst expectations.

Life Line

A human life, just like any other matter motion, is a chain of causes and consequences. A consequence in the space of variants is always situated close to its cause. In the same way as one follows the other, the near-lying sectors in the space of variants assemble into a life line. Scenarios and decorations of the sectors found on the same life line are more or less uniform in their quality. The human life moves evenly along its line until there is an event that introduces a substantial change in the scenario and decorations. Then fate takes a turn and crosses over onto a different life line. You are always on the lines, the parameters of which correspond to your thought emission. By changing your attitude towards the world, that is your thought image, you cross over onto a different life line that has different alternatives for the development of events on your current life line.

Material Realization

The information structure of the space of variants can materialize in certain conditions. Any thought, just as any sector of space, has specific parameters. Thought emission 'highlights' the corresponding sector and realizes its variant. This way, thoughts have a direct impact on the course of events in your life.

The space of variants acts as a template. It determines the shape and the trajectory of matter motion. Material realization moves in space and time but variants remain in place and exist forever. Every living being shapes the layer of its own world with its thought emission. Our world is inhabited by a myriad of living organisms, and each of them makes their own contribution to the shaping of reality.

Pendulums

Thought energy is material and does not vanish completely. When groups of people start thinking in one direction, their 'thought waves' are layered on top of each other, and invisible but real energy-information structures – pendulums – are created in the ocean of energy. These structures start developing independently and submit people to their laws. A person that has come under the influence of a destructive pendulum loses his freedom – he is forced to become a peg in a large mechanism. The more people – *adherents* – feed the pendulum with their energy, the greater the power with which the pendulum 'swings'. Every pendulum has its own characteristic oscillation frequency. This frequency is often called resonance frequency. If the number of pendulum adherents goes down, the pendulum's oscillations will start dying out. When there are no adherents left, the pendulum stops altogether and dies as an entity.

In order to pump a human being dry of energy, pendulums hook onto his emotions and reactions: indignation, dissatisfaction, hate, annoyance, anxiety, worry, depressing feelings, disarray, desperation, fear, pity, attachment, admiration, idealization, sugary approval, reverence, rapture, disappointment, pride, swagger, contempt, aversion, resentment, sense of duty, feelings of guilt and so on.

The main danger for a person who has submitted to the influence of a destructive pendulum lies in the fact that any pendulum leads its victim away

from the life lines where he would have found his happiness. You have to get rid of goals that have been imposed on you, because in the struggle for these goals you will move further and further away from your path.

Pendulum, by its very nature, is an egregore, but that is far from the whole truth. The ‘egregore’ concept does not reflect the entire complex of nuances of human interaction with the energy-information entities.

Intention

Intention can be roughly described as the *determination to have and to act*. It is your intention that becomes realized, and not your wish. Wish for your arm to be lifted. The wish is shaped in your thoughts: you are aware of the fact that you want to lift your arm. Does your wish lift your arm? No, a wish on its own does not perform any action. Your arm will get lifted only when the thoughts about your wish have finished working and there is only the determination to act left. Perhaps the determination to act is what lifts your arm? No, it’s not that either. You made a final decision that you will lift your arm, but it is yet to move. What then lifts your arm? How does one determine what comes after determination?

And here we see the mind’s helplessness in providing an intelligible explanation to what intention really is. Our definition of intention as the determination to have and to act demonstrates only a foreplay to the power that actually executes the action. We can only state the fact that wishing and determination do not lift an arm, but intention does.

Intention is divided into *internal and external*. Internal intention implies an active influence on the world – this is *the determination to act*. External intention is the *determination to have*, when the world submits to the will of an individual. Internal intention is focusing your attention on the process of moving towards a goal. External intention is focusing your attention on the goal being realized by itself. With internal intention you *achieve* your goal, while with external intention you *chose* your goal. Everything to do with magic and paranormal phenomena belongs to the field of external intention. Everything that can be achieved within the limits of an ordinary worldview is achieved with the power of internal intention.

Dependence Relationships

Dependence relationships are identified by statements of conditions such as: ‘If you do this, then I’ll do that’, ‘If you love me, then you’ll drop everything and follow me to the end of the world’, ‘If you won’t marry me, then you don’t love me’, ‘If you praise me, then I am your friend’, ‘If you won’t give me your toy shovel, I’ll chase you away from the sandbox’.

When love transforms into a dependence relationship, you inevitably get *polarization* and the balance is disturbed. Unconditional love is love without the right to have and hold; it is admiration without worship. In other words, a feeling like that does not create dependence relationships between the one in love and the object of his love.

The balance is also disturbed when one thing is compared or contrasted to another: ‘We are this way, and they are different!’ For example, national pride: in comparison to what nations? Feelings of inadequacy: in comparison to whom? Or being proud over oneself: in comparison to whom?

Wherever there is contrasting taking place, equilibrium forces will inevitably go to work. Their action is either aimed at ‘pulling apart’ the subjects of conflict, or uniting them – in mutual agreement or a confrontation. If you are the one to create polarization, then the action of equilibrium forces will be primarily aimed at you.

Polarization

You get excess potentials when you attach excessively great importance to certain qualities, whereas dependence relationships are formed between people when they start comparing and contrasting themselves to each other, setting conditions that go like this: ‘If you do this, I’ll do that.’ On its own, an excess potential is not so terrible, while the distorted appraisal exists irrelatively, on its own. But as soon as the artificially overestimated appraisal is put in comparison to another, you get polarization, which gives rise to the wind of equilibrium forces. Equilibrium forces strive to eliminate the polarization that has arisen, and their activity is in most cases directed against the person responsible for creating this polarization.

The Space of Variants

The space of variants is *an information structure*. This infinite *field of information* contains every possible *variant* of all events that can ever take

place. You could say that the space of variants contains everything that was, is and will be. The space of variants acts as a template, a coordination grid of matter motion in space and in time. The past, as well as the future, is stored there in a fixed state, as if on a reel of film, while the effect of time is only manifested as a result of one individually moving frame, where the present pops up.

The world exists simultaneously in two forms: the physical reality that you can touch with your hands, and the metaphysical space of variants that lies beyond the limits of perception but is just as objective. However, it is theoretically possible to access this field of information. That is where we get intuitive knowledge and clairvoyance from. The mind is unable to create anything fundamentally new. It is only able to assemble a new version of a house out of old bricks. The brain does not contain actual information but something resembling addresses to the information stored in the space of variations. All scientific discoveries and masterpieces of art are obtained by the human mind from the space of variants through the medium of the soul.

Dreams are not illusions in the usual sense of the word. The mind is not imagining its dreams – it really does see them. The things we see in reality are realized variants. In dreams, we are able to see the things that were not realized, that is, we see plays with virtual scenarios and decorations. Dreams show us what could have happened in the past or in the future. Dreams are the journey of the soul in the space of variants.

Equilibrium Forces

Anywhere where there is an excess potential, equilibrium forces appear, aimed at eliminating this excess potential. The potential is created by human thought energy, when a person gives excessively great importance to an object.

For instance, let’s compare two situations: you are standing on the floor in your house, and then on the edge of an abyss. In the first case you aren’t worried one bit. In the second, the situation is of greatest importance to you: make one incautious movement, and the outcome will be fatal. On the energy level, the fact that you are standing is of the same significance in the first and in the second case. But, when standing above an abyss, you build up tension with your fear, and thereby create an irregularity in the energy field. As a result, equilibrium forces arise, aimed at eliminating this irregularity. You may even get a physical sensation of their activity: from one side, an

inexplicable force is pulling you down, and from the opposite side it draws you back, away from the edge. After all, in order to eliminate an excess potential of your fear, equilibrium forces will either have to pull you away from the edge, or throw you down into the abyss and get it over with. This very same activity is what you experience while standing on the edge of an abyss.

The actions of equilibrium forces aimed at eliminating excess potentials create the lion's share of your problems. The insidiousness of equilibrium forces lies in the fact that people often get the result completely opposite to their intention. And at the same time, it's totally unclear what is actually happening. This is where you get the feeling that there is some inexplicable, evil force at work, a 'sod's law' of sorts.

A Sector in the Space of Variants

Any point in the space of variants has its own *variant* of one event or another. To make it easier to understand, think of it like this: each variant consists of a *scenario and decorations*. Decorations are the external appearance or the form of a manifestation, and the scenario is the path along which matter moves. For convenience' sake, you could break up the space of variants into sectors. Each sector has its own scenario and decorations. The greater the distance between sectors, the greater the difference between scenarios and decorations. The fate of any individual is also represented by a myriad of variants. Theoretically, there are no limits to the possible turns in a person's fate, because the space of variants is infinite.

Slide

Our idea of ourselves and of the world around us is often far removed from the truth. Our view is distorted by our *slides*. For example, some of your shortcomings make you anxious and you feel inadequate as a result. Therefore, you believe that other people don't like them either and they disapprove of them. So, when you interact with people, you insert the inferiority complex slide into your 'projector' and see everything in a distorted light.

Slide is a distorted image of reality in your head. As a rule, a negative slide gives rise to the *unity of the soul and mind*, and therefore becomes

materialized in reality. Our worse expectations come true. Negative slides can be transformed into positive and you can make them work for you. If you intentionally create a positive slide, it will be able to transform the layer of your world in a surprising way. The goal slide is an imaginable picture where you can see yourself having already achieved your goal. Systematic visualization of the slide leads to the manifestation of the corresponding sector in the space of variants.

Layer of the World

Every living being, using thought energy, materializes a specific sector in the space of variations and creates his personal layer of the world. All these layers are put on top of each other, and hence, every living being makes his personal contribution to the shaping of reality.

A human being, with his experience of the world, creates an individual layer of the world – a separate reality. This reality, depending on the person's attitude, bears one or another undertone. Figuratively speaking, your attitude sets certain 'weather conditions': morning freshness in the glow of the sun, or cloudy with pouring rain; or sometimes there is a hurricane raging, or a complete natural disaster.

Individual reality is shaped in two ways: the physical way and the metaphysical way. In other words, you build your world with your actions and thoughts. Mental images play a dominating role in this, because they create a significant part of the material problems that you have to struggle with most of the time. Transurfing is concerned exclusively with the metaphysical aspect.

The Flow of Variants

Information lies static in the space of variants, in the shape of a matrix. The information structure is organized into interconnected links. Cause-and-effect relations give rise to the *flow of variants*.

The anxious mind always gets pushed around by pendulums, and so attempts to tackle all problems by trying to keep the situation under control. In most cases, the mind's volitional decisions are pointless water slapping. The majority of problems, especially small ones, get solved on their own, if you do not interfere with the flow of variants.

The main reason why you shouldn't actively resist the flow is that in doing so you are wasting lots of energy and, in some cases, to your own detriment. The flow moves along the way of least resistance, and therefore contains the most effective and rational solutions to problems. Resisting the flow, on the contrary, creates lots of new problems.

The powerful intellect of the mind is of no use, if the solution already exists in the space of variants. If you don't interfere and just let the flow of variants have its course, the solution will come on its own, and it will be the most optimal solution at that. Optimality is already a part of the structure of the information field. The space of variants contains everything, but the least energy-consuming options are most likely to become realized. Nature does not waste energy in vain.

Transurfing

I didn't come up with the word 'Transurfing'; it dawned on me from the very same place where I got all the other terminology and the contents of the book as a whole. Until recently I too did not understand its meaning. In this case, it isn't even clear how to adapt associations to it. The meaning of this word can be interpreted as 'gliding through the space of variations', or 'the transformation of a potentially viable variant into reality', or 'crossing over life lines'. But in the general sense, if you are doing Transurfing, then you are balancing on the wave of fortune. Transurfing is pronounced the way it is written. (If anyone likes pronouncing it the English way, be my guest. Just keep in mind that the sound *ë* [*yo*] does not exist in the English language.)

Freiling

Freiling is an effective method of building human relationships, which is an integral part of Transurfing. The main principle of Freiling can be worded in the following way: *Give up the intention to get, replace it with the intention to give, and you will get what you gave up*.

The effect of this principle is based on your external intention using the internal intention of your partner, without infringing upon his or her interests. In the end you get from the person what you couldn't obtain through the usual methods of internal intention. Using this principle, you will reach impressive results in your personal and business relationships.

Doors and Goals

Everyone has their own *path* where they will find true happiness in this life. Pendulums force alien goals onto you, and lure you with their prestige and inaccessibility. By chasing after false goals, you either won't achieve anything, or having achieved it, you will realize that you didn't need it in the first place.

Your goal will turn your life into a feast. Achieving Your goal will bring about the fulfillment of all your other wishes, and the results will be beyond anything you imagined. Your door is the path that will bring you to Your goal.

If you are going towards Your goal through Your door, then there is no one and nothing on earth that can stand in your way, because the key to your soul is a perfect fit to the lock of Your path. No one can take what is yours. The only problem is to find Your goal and Your door. Transurfing teaches you how to do this.

BOOKS

O is a symbol of the world, of oneness and unity. In different cultures it also means the “eye,” symbolizing knowledge and insight. We aim to publish books that are accessible, constructive and that challenge accepted opinion, both that of academia and the “moral majority.”

Our books are available in all good English language bookstores worldwide. If you don’t see the book on the shelves ask the bookstore to order it for you, quoting the ISBN number and title. Alternatively you can order online (all major online retail sites carry our titles) or contact the distributor in the relevant country, listed on the copyright page.

See our website **www.o-books.net** for a full list of over 500 titles, growing by 100 a year.

And tune in to myspiritradio.com for our book review radio show, hosted by June-Elleni Laine, where you can listen to the authors discussing their books.

Table of Contents

PREFACE
I DANCING WITH THE SHADOWS
- The Origin of Intention
- The Law of Bad Luck
- Everything Happens to Spite You
- The Rule of the Pendulum
- Stabilizing the Structure
- The Indigo Aliens
- The Lords of Energy
- Declaration of Intention
- Summary

II THE DREAM OF GODS
- Two Aspects of Reality
- Dreaming Awake
- Children of God
- The Dream Theater
- Summary

GLOSSARY